

CDHR

Monthly Newsletter



OPENING LETTER

*Dear "Darer" of the unknown,
There is a moment in life where the map you've been holding on so tightly dissolves between your hands. The horizon you saw, you imagined cracks open revealing vastness far beyond the edge of what you thought possible.*

This is the call of daring.

To dare is to surrender the illusion of control and embrace the mystery of becoming. It is the gentle but firm act of saying yes to the call, to the unknown. A yes that ripples beyond time and space and re-shapes the story you thought you were bound to live.

In this edition, we explore "Daring" by having fun. And in the end we have a surprise for you, so if you are interested make sure you read 'till the end :)

With reverence to your wild heart,

“

The fool doth think he is wise, but the wise man knows himself
to be a fool.

- W. Shakespeare, As You Like It

”

ARCHETYPE OF THE MONTH

THE FOOL

The Fool is the essence of daring, the eternal wanderer who steps off the cliff with no certainty but with trust in the unknown.

In Kabbalistic teachings, the Fool corresponds to Aleph (א), the first letter, symbolizing the breath of life, infinite potential, and the beginning of all things. Like the Fool, Aleph carries the power of creation, of daring to start anew without baggage or fear.

The Fool's journey is a spiral dance of innocence and wisdom. He is the paradox of being both empty and full, unburdened and charged with infinite possibilities. In Tarot, the Fool carries the bag of all experience yet walks freely.

The fool is not careless but s/he is care-free and gives just enough realness to experience life, to live life. It is the first step on the hero's journey. But when it comes to The Fool this is just scratching the surface.



MORE ABOUT THE FOOL

If you want to dive deep to The Fool, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on The Fool by just clicking the button on the right.

[THE FOOL COURSE](#)

“ To find the hero, you must first dare to search within. ”

SONG OF THE MONTH

SEARCH FOR THE HERO
INSIDE YOURSELF

The concept of searching for the hero is very convoluted as for many other things. It is portrayed as a hero outside that you wait for s/he to come save you.

But it is at where the people search at last if ever; inside.

It has been the hero inside all along.

So the song of the month that will accompany you on your first step on the hero's journey is;

Search For The Hero Inside Yourself - M People

Here's some of the amazing lyrics:

*You've got to search for the hero inside yourself,
Search for the secrets you hide.
Search for the hero inside yourself
Until you find the key to your life.*

*In this life, long and hard though it may seem
Live it as you'd live a dream, aim so high
Just keep the flame of truth burning bright
The missing treasure you must find*



“ To dare is to lose one's footing momentarily.
Not to dare is to lose oneself.
- Søren Kierkegaard

”

MYTH OF THE MONTH

INANNA'S DESCENT

(SUMERIAN MYTH RE-TOLD)

Going into places where no one has ever dared takes a great daring.

Inanna, Queen of Heaven and Earth has decided to go to the Great Below, the shadowed realm ruled by her sister, Ereshkigal. A place which no travelers return.

Yet one day, without invitation, Inanna adorned herself in her finest: crown upon her head, lapis beads at her neck, gold bracelets on her wrists. For her it was a declaration of her power, all the things that she believed made her powerful.

At each of the Seven Gates of the Great Below, the gatekeeper stopped her. "You may enter," he said, "but you must give up one piece of what you wear."

At the first gate, she surrendered her crown.

At the second, her necklace.

At the third, her bracelets.

One by one, she released each sign of power, until she stood naked before her sister, stripped of all that declared her a powerful Queen.

Ereshkigal killed her. Hung her body on a hook. Left her there to rot in the silence. But three days later, help came. Through trickery, devotion, and the old magic of balance, Inanna rose again, not the same Queen who had entered.

PONDER ON THIS

- How did this myth make you feel?
- What does her sister represent?
- What does the jewelry she released represent?
- What does her death and rebirth represent?

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

“ When we dare to be powerful, to use our strength in the service of our vision, then it becomes less and less important whether we are afraid. ”
- Audre Lorde

THE MOVIE OF THE MONTH

GOLDEN COMPASS

One of the misunderstandings about daring is most of the people think daring is being fearless. But it is not.

The daring is not about dwelling upon your fears and wait until they subside before you take the first step.

It is about taking the first step no matter what. Your compass is your dreams not your fears or lack of fears.

Here's a couple of dialogues from the movie:

Lyra: "Are you gettin' scared, Pan?"

Pan: "Scared? A little."

Lyra: "It's all bigger and scarier than we ever thought."

Pan: "Maybe we shouldn't be doing this."

Lyra: "But we've got to though, ain't we — go on I mean."

"It's an alethiometer. It's a truth measure—a golden compass. It enables you to see what others wish to hide... You can ask any sort of question you can imagine."

Lyra: "Can I try?"

Farder Coram: "One thing I do know, Lyra, you mustn't grasp at the answer. Hold the question in your mind, but lightly, like it was something alive."



“ Only those who will risk going too far can possibly find out how far one can go.

- T.S. Eliot

”

BOOK OF THE MONTH

ALICE'S ADVENTURES IN WONDERLAND

Alice's journey is a great metaphor for the Fool's leap. She falls unexpectedly into Wonderland which a world without rules, where logic is fluid and the impossible is everyday.

She sees a White Rabbit in a waistcoat hurrying by, muttering, "Oh dear! Oh dear! I shall be too late!"

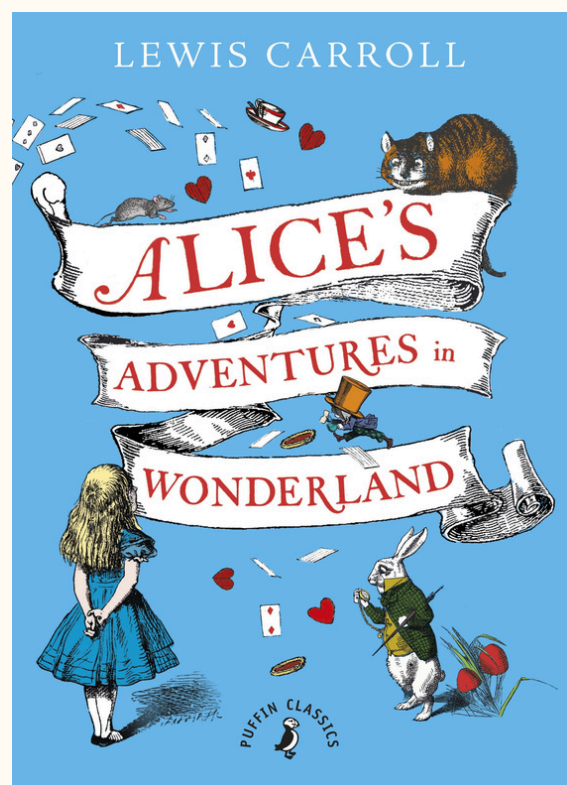
And here lies the first daring: she doesn't hesitate. She doesn't reason her way out of it. She runs after him. Not knowing where. Not knowing why. She leaps and falls, and falls, and falls. Down a rabbit hole into the unknown.

Alice lands in a place where nothing obeys the rules she knows. Here, size is negotiable, she grows tall enough to bump her head on the ceiling and shrinks small enough to drown in her own tears.

The drink-me bottles and eat-me cakes aren't just whimsical because there is something called shape-shifting!

But if the question is;

- Do you shapeshift?
- Can you shapeshift?
- Can anyone shapeshift?



If these questions made you feel excited and you are interested in creating your own Wonderland, we invite you to "The Dream Within The Dream" course.

THE DREAM WITHIN THE DREAM
COURSE

“ Sorceresses don't need any props. They just go to that world whenever they want to; for them, there is a scout on permanent call.
- Carlos Castaneda, The Art of Dreaming ”

FIRST STEP

ROLE OF DREAMING IN DARING

The very first step of daring is to dare to dream. Every daring starts with a dream in your heart.

The map you've been holding on so tightly has dissolved between your hands because that map never belonged to you. You tried to use other people's maps for your very unique experience.

Now it's time to make your own map. The moment you dare to dream the paths that weren't available before become available to you.

The art is to learn to walk in both worlds. Starting with a dream and daring to bring it into life both in your dream world and in your awake-world.

Remember the quote from Alice's Adventures in Wonderland;

"Why, sometimes I've believed as many as six impossible things before breakfast."



If you dare to take the first step and start working with your dreams consciously check out the course "The Dream Within The Dream".

**THE DREAM WITHIN THE DREAM
COURSE**

“ The privilege of a lifetime is to become who you truly are.
- Carl Jung

”

HEALING

DO YOU DARE?

Do you dare to do the Great Work?

Why are you here?

What did you come here to do?

It is the hero's journey, warrior's path, and there are lots of obstacles and pitfalls along the path.

It requires courage and daring.



So the first step of daring is to dare to dream, and then to dare to bring it into life. And for that you need energy. Are you aware how much life force you have? You will only access the amount of Qi, Prana according to your resonance. If your resonance is very low, if your dreaming is limited, if you're very pessimistic, if you're in anger, resentment, depression you won't access much of that prana.

Because the main reason is that it will be destructive. It will be chaos in your life. Because that energy is available for you to do your dreams. That vitality that your blood becomes energized is for you to implement, to use that energy for your dreams, living your dreams.



If you want to know more about the energy, life force and how to increase it, you may check out our "Healing Magic" course.

[HEALING MAGIC COURSE](#)

“ At the center of your being you have the answer; you know who you are and you know what you want.

- Lao Tzu

”



CLOSING LETTER

Dear "Darer" of the unknown,

The Fool, this pure essence of beauty, of flamboyance, casual opulence...

Begins with an empty cup.

And then steps lightly into the world with his little bag of realness.

He steps into the world and dares to live.

He dares to be more human.

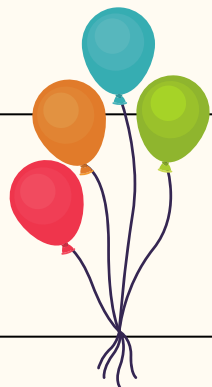
He dares to grow young.

So let's be fools and grow young together!

Only love,

If you want to share your perceptions or you have questions you can send us an email, see the address below.

cdhr@thegrandedaringadventure.org



Don't forget to check our surprise
below!



UPCOMING EVENTS THAT WILL SUPPORT
YOU ON YOUR HERO'S JOURNEY



LET'S GROW YOUNG TOGETHER

Many people grow old without growing up, then you see adult bodies walking on the street with an 11 year old maturity :)

In this seminar we're looking at growing up by growing younger together.

We hope to see you there!



Online Free Session

17 AUGUST

If you want to join the free session you can contact us by clicking the link below.

[CONTACT US](#)



Let's Grow Young Together

18, 25 AUGUST & 1, 8 SEPTEMBER

If you are interested in the seminar, you see the details of the course below!

Early Bird Discount until 15 August

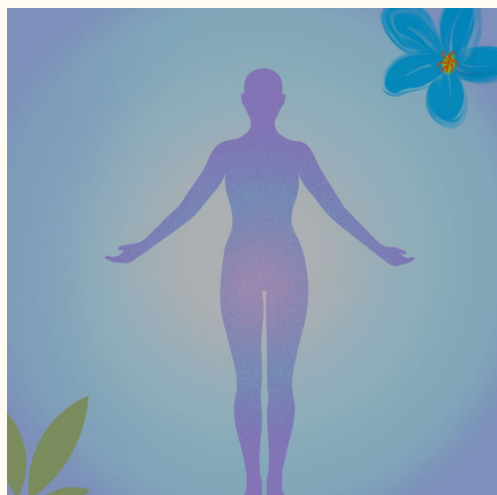
[SEE DETAILS](#)



NEW CDHR WEBSITE IS LIVE! THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!
And we have special surprise to celebrate our launch that will find at the end of the newsletter!



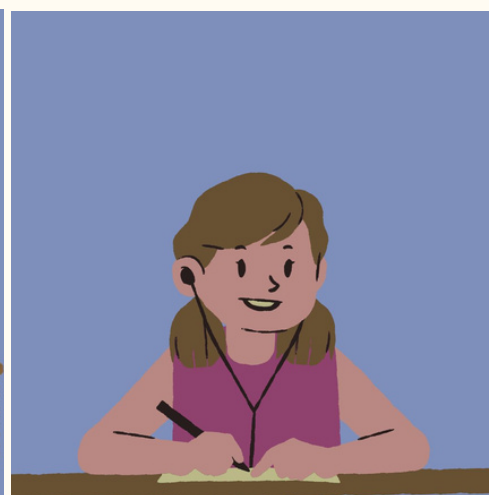
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



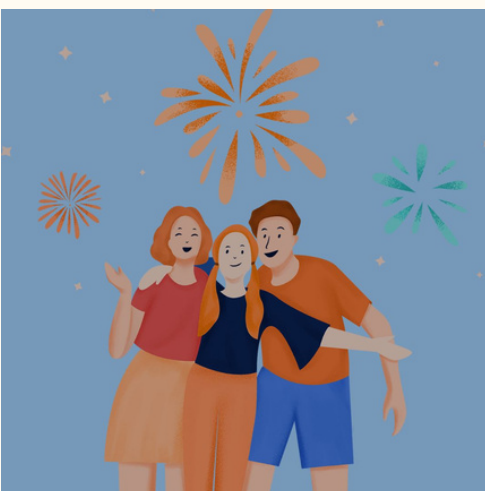
Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)

WHAT'S ON THE STORE?

ENGLISH ONLY COURSES

- The courses you see on this page are offered with English Only options (No Turkish translation included). When you click on each course, you can listen to the preview of the course!



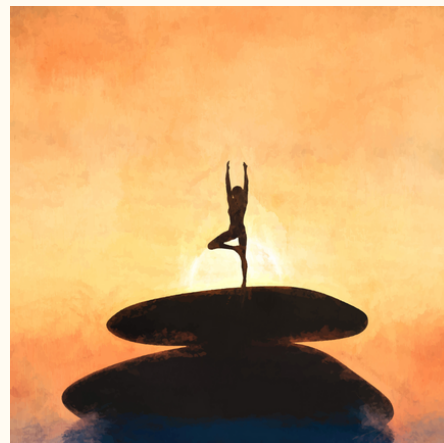
The Dream Within the Dream

Learn to work in Synergy and Harmony with the Dreamer dreaming You.
For Beginner and Advanced Dreamers.

[SEE DETAILS](#)


The Curse on Money

Are you always short on money? In this course we explore why.

[SEE DETAILS](#)


Healing Magic

- Know Your Body and Chakras
- the Yes But Energy and Abundance
- the Purpose of Loving
- Pore Breathing and Fanning
- Demanifesting People and the 3 Part Breath

[SEE DETAILS](#)


The Fool

Explore The Fool archetype, symbology, how it plays out in various aspects of your life. This is the first step on the hero's journey.

[SEE DETAILS](#)

Note: The courses have versions with Turkish translations. **If you prefer the courses in English with Turkish translations you can check the store.**

WHAT'S ON THE STORE?

\$1 STORE

Everything you see on this store is \$1 .

These delicious metaphysical bites are great to accompany your meals, just when you wake up and just before you go to sleep.

Remember those are the times your subconscious is like a sponge, so beware of what you put in there.

This page shows English Only ones (without Turkish translations).



Why is your paycheck becoming heavier?

If you have the The Curse on Money course, don't buy this. Just go ahead, listen and you will find out why.

[SHOP NOW](#)

How To Use Sexual Energy for Dreaming?

If you have the Dream Within the Dream course, don't buy this. Just go ahead, listen and you will find out how.

[SHOP NOW](#)

Awareness of Your Dreams & Dream Journal

If you have the Dream Within the Dream course, don't buy this. Just go ahead, listen and you will find out how.

[SHOP NOW](#)

Note: The courses have versions with Turkish translations. **If you prefer the courses in English with Turkish translations you can check the store.**

COMING SOON

THE GREAT WORK



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DAYS

HOURS

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