

CDHR

Monthly Newsletter



OPENING LETTER

*Dear "Loved One",
Perhaps you have felt the weight of borrowed selves,
you have loved in ways that diminished you or
withheld love in ways that emptied you or confused
possession with intimacy.*

*There has been so many attempts to understand the
greatest force in the universe: "love". And maybe the
attempt to understand it was the root of all the
confusion.*

*The garden is not behind you. It is not a paradise lost
and impossible to return to.*

*The garden is the present moment in which you
stand naked enough to be seen, brave enough to
see.*

Let's take a walk in the garden...

Only love,

“ I have found the paradox, that if you love until it hurts,
there can be no more hurt, only more love.

- Mother Teresa

”

ARCHETYPE OF THE MONTH

THE LOVERS

The Lovers step into the garden where separation ends and the great choosing begins. They are the moment before Eden's fracture and the moment of its restoration. They stand in the eternal present where all polarities meet, recognize, and merge.

In Kabbalistic teachings, the Lovers are Zayin (ז), the sword that both divides and sanctifies. This is the path connecting Binah to Tiphereth, descending from the supernal mother of form into the heart's beauty, where understanding becomes love embodied.

Zayin means "weapon," but also "this".



The Lovers do not merely choose each other. They choose themselves reflected, refracted, made real through recognition. The angel Raphael hovers above whose name means "God heals", because every true union heals the primordial separation, the shattering of the vessels, the fall from grace that created individuation. This is not the love that completes, but the love that reveals it has always been complete.

They stand naked because pretense cannot cross this threshold. The choosing demanded here strips away all borrowed identities, all inherited selves, all masks worn to please the unseeing. To love truly is to be seen truly—and this terrifies the ego into a thousand retreats.

The Lovers say: Choose. And in choosing, be chosen. To pass their gate is not to find your other half, but to become whole enough to truly meet another whole.

MORE ABOUT THE LOVERS

If you want to dive deep to The Lovers, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on The Lovers by just clicking the button on the right.

[THE LOVERS COURSE](#)

“

Lovers don't finally meet somewhere.
They're in each other all along.

”

- Rumi

SONG OF THE MONTH

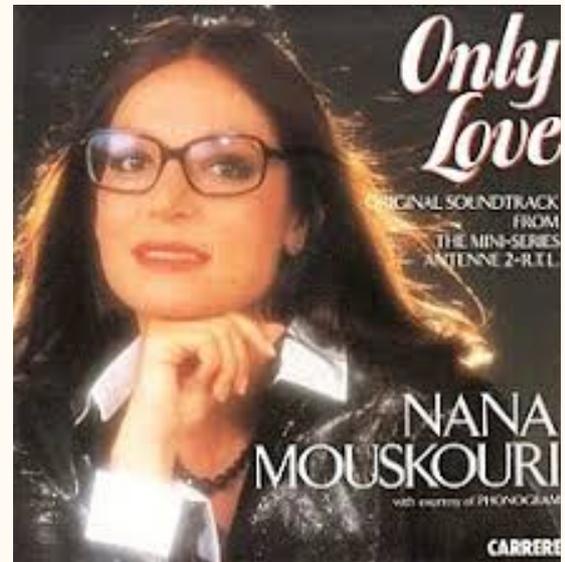
ONLY LOVE

by Nana Mouskouri

In Neoplatonic thought, the entire cosmos is understood as the emanation of a single divine principle, the One, overflowing with love so complete it cannot contain itself and must pour outward into the Many.

Every individual thing that exists is, in this view, a love-thought of the Absolute made temporarily solid. And every act of love between finite beings is, secretly, the Absolute recognizing itself across the apparent distance of two separate things.

Here are some of the beautiful lyrics from the song:



*Only love can make a memory
Only love can make a moment last.*

*When love was all,
All you were living for,
And how you gave that love to me.
Only then I felt my heart was free,
I was part of you and you were all of me.*

“ if you love a flower, don't pick it up. Because if you pick it up it dies and it ceases to be what you love. So if you love a flower, let it be. Love is not about possession. Love is about appreciation.

- Osho

”

MYTH OF THE MONTH

PLATO'S SYMPOSIUM – THE SPEECH OF ARISTOPHANES

(PHILOSOPHICAL MYTH RE-TOLD)

In the beginning, humans were completely different from now. Each person was spherical, with four arms, four legs, two faces on opposite sides of one head, and two sets of genitals. There were three genders: male (descended from the sun), female (descended from the earth), and androgynous (descended from the moon, combining both).

These original humans were powerful and ambitious. They grew so strong they attempted to storm Mount Olympus and attack the gods.

Zeus, threatened but not wanting to destroy humanity entirely (he still wanted their worship and sacrifices), devised a solution: he cut each human in half, like slicing an apple. Apollo then turned their heads around and pulled their skin tight, creating the navel as a reminder of their original wholeness.

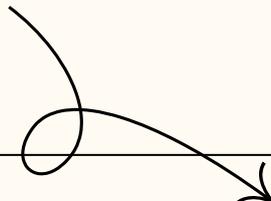
Ever since, each half has wandered the earth desperately seeking their other half.

PONDER ON THIS

- What are the symbolizations in this story?
- How is this myth related to the Lovers archetype?



If you are interested in more magical stories we invite you to "Touch the Magic" course.



[TOUCH THE MAGIC](#)

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

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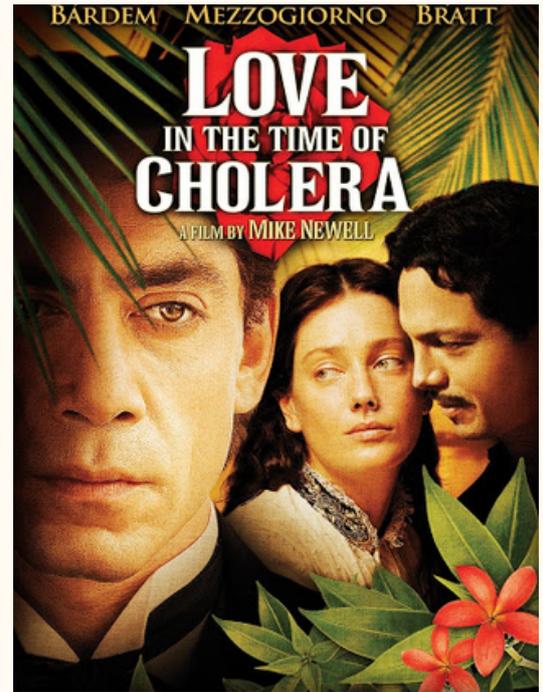
One is loved because one is loved.
No reason is needed for loving.
- Paulo Coelho

”

THE MOVIE OF THE MONTH

LOVE IN THE TIME OF CHOLERA

The Kabbalistic path of the Lovers descends from Binah, the great mother of form, of time, of limitation, into Tiphereth, the heart, the beauty at the center of the Tree. This is the path of understanding becoming love. Abstract knowing becoming embodied recognition. And it is precisely what the film traces over its entire arc: the long descent from the abstraction of young Florentino's idealized longing into the embodied, time-worn, finally real love of two elderly people sitting together on a river going nowhere in particular, which means they are finally going everywhere together.



Here's a couple of lines from the movie:

Florentino Ariza: "After 53 years, seven months and 11 days and night, my heart was at last fulfilled. And I discovered, to my joy, that it is life and not death that has no limits."

Florentino Ariza: "Please allow me to wipe the slate clean. Age has no reality except in the physical world. The essence of a human being is resistant to the passage of time. Our inner lives are eternal, which is to say that our spirits remain as youthful and vigorous as when we were in full bloom. Think of love as a state of grace, not the means to anything, but the alpha and omega. An end in itself."

“ The moment you have in your heart this extraordinary thing called love and feel the depth, the delight, the ecstasy of it, you will discover that for you the world is transformed.

- Marcel Proust

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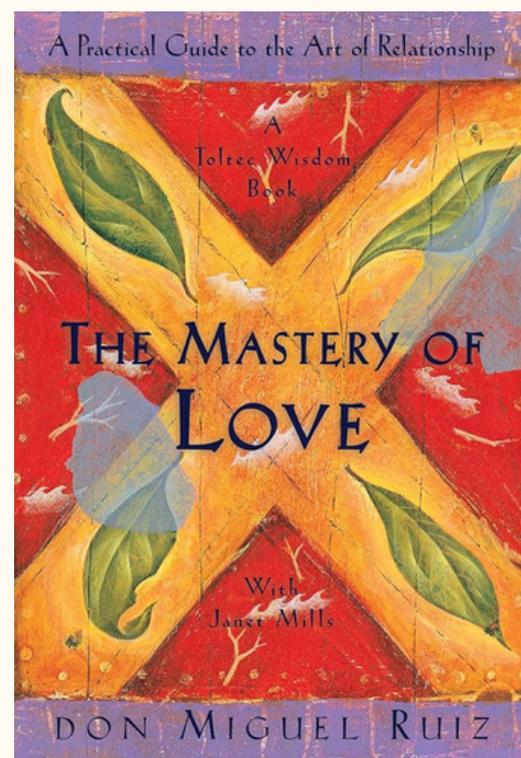
BOOK OF THE MONTH

THE MASTERY OF LOVE

by Don Miguel Ruiz

The Mastery of Love is, in its essence, a manual for the same initiation the Lovers card demands: the stripping away of all inherited definitions of love, definitions we received from wounded sources who received them from wounded sources in a chain of unconscious transmission stretching back through generations, and the return to what love actually is when it is allowed to be itself.

The Lovers card shows two figures who stand naked. No armor, no role, no borrowed identity.



How many people, standing naked before another, are actually naked? How many carry with them the entire invisible wardrobe of their domestication, the voice of the parent judging the body, the ex-lover's wound shaping the current relationship, the cultural story of what love is supposed to look like pressing down on this living moment until it can barely breathe?

"If you see humans in the light of truth, you will see them as beautiful, wonderful beings. But when you look through your wounds, you see something distorted."

Here's some other quotes from the book:

It doesn't matter how much you love someone, you are never going to be what that person wants you to be.

...Nothing that your partner does is personal. Your partner is dealing with her own garbage. If you don't take it personally, it will be so easy for you to have a wonderful relationship with your partner.

“ Love takes off the masks that we fear we cannot live without and know we cannot live within.

- James Baldwin

”

HEALING DETACHED LOVE

Metaphysically, what we call attachment in love is the mistaken identification of the love with its current vessel.

The love itself exists between you and the one you love.

In its deepest nature, it's not located inside either of you. It exists between you, in the space that you co-create. It is the presence of the divine in the space that you create together.



The love itself cannot be destroyed by the ending of the form it currently inhabits. Energy is not created or destroyed. Love, as a fundamental force of the cosmos, is not created or destroyed. It transforms. It moves. It finds new vessels.

Detached love is about holding the person lightly while the love burns freely. Honor the reality of who they are, including their freedom to be other than what you need. Allow the love to be fully present in each moment without demanding that it purchase the future.

The Lovers card in the Tarot is not about keeping love. It is about being aligned with love. The compass points north. You do not grip north. You orient toward it, and then you walk, and then you orient again, and then you walk. The walking is the relationship. The pointing is the love. You do not arrive at north and hold it in your fist. You let it keep calling you forward.



If you want to explore Masculine & Feminine energies we invite you to check out "Masculine & Feminine Energies" seminar by clicking the button on the right.

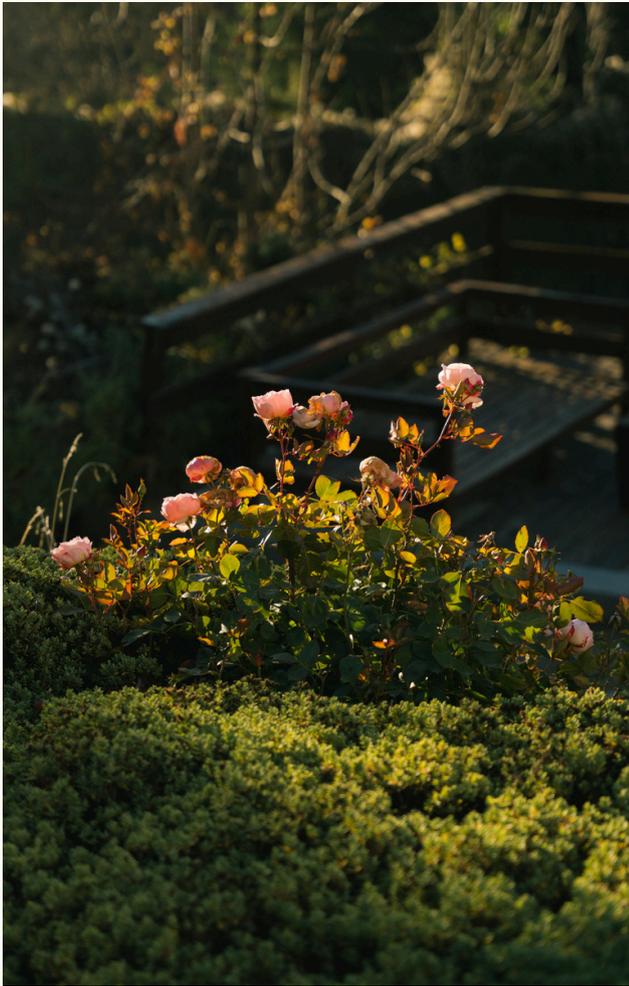
[MASCULINE & FEMININE ENERGIES](#)

“

In the end, we are all just walking each other home.

- Ram Dass

”



CLOSING LETTER

Dear "Loved One",

Turn toward the love that exists before fear adds its conditions.

Turn toward the version of loving that does not require the beloved to stay in a particular shape in order for the love to remain valid.

And then, from that turning, live.

Make the choices that only you can make, with the full weight of your specific and irreplaceable uniqueness.

Choose what you love. Choose it each time.

Choose.

And in choosing, be chosen.

Only love,

If you want to share your perceptions or you have questions you can send us an email, see the address below:

cdhr@thegrandedaringadventure.org



UPCOMING EVENTS



The Great Work Series

This month's course starting 5 March

You may see the details on the next page

What is the Great Work ?

- ✦ The Great Work is a compilation of some of the best courses offered so far!
- ✦ Each time it's a different course.
- ✦ Every week during the program we release a new audio session.
- ✦ And you go through the sessions on your own time!

Other Benefits of the Great Work

- ✦ Besides getting a great course, the month you do the Great Work you get 30% discount on all courses on the Online Store (except the 1 on 1 Foundational Courses) until the end of the month.
- ✦ You get 30% discount on whatever online live course you do in that month!

THE GREAT WORK

THIS MONTH:



CHAOS & HARMONY

whether you experience chaos or harmony in your life, either way it's making something possible...

Start Date: 5 March

How Does it Work?

- This course has 4 sessions. Starting from 5 March every Thursday we'll release a new audio session on our website for the ones who join the course.
- You can join anytime before March ends. No matter when in March you join, your benefits will continue until 31 March.
- If you join the Great Work, for March you'll have 30% discount on live courses - if any & 30% discount on Online Store for all courses except 1 on 1 Foundational Courses. (The earlier in March you join, the longer you can benefit from the discount.)
- You can go through the sessions on your own time.
- You may click the button to enrol or see the details.

[SEE THE DETAILS](#)

If you have any questions you may send an e-mail to us at:
cdhr@thegrandedaringadventure.org

WHAT'S NEW ON THE STORE?

P.S. Please check the online store for language options, you'll see 2 options; English Only & English with Turkish translation.



Life, Universe and Everything
Patterns

Can you dare to boldly go somewhere where no one has ever gone before?

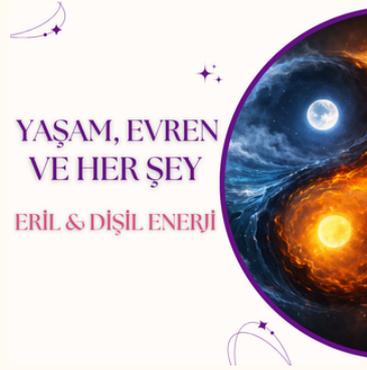
[SEE DETAILS](#)



Life, Universe and Everything
Magic

How many wishes do I have?

[SEE DETAILS](#)



Life, Universe and Everything
Masculine & Feminine Energy

We all have these two energies of creation.

[SEE DETAILS](#)



Life, Universe and Everything
Destiny & Choice

What is your destiny? Are you living your destiny?

[SEE DETAILS](#)



The Lovers

Explore The Lovers archetype, symbology, how it plays out in various aspects of your life.

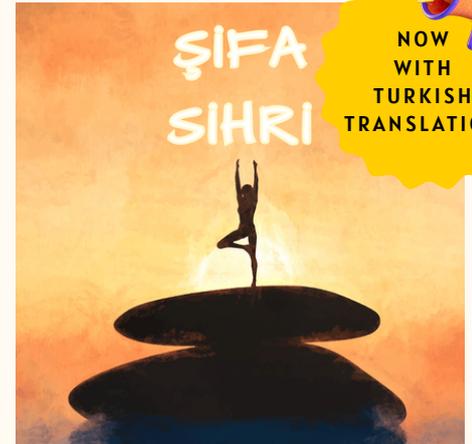
[SEE DETAILS](#)



Touch the Magic

Are you ready to open the treasure chest of magic and miracles?

[SEE DETAILS](#)



Healing Magic

Knowing the body and chakras, yes...but energy and abundance, breathing techniques and much more...

[SEE DETAILS](#)

[SEE ALL COURSES](#)

WHAT'S NEW ON THE \$! STORE?

P.S. Please check the online store for language options, you'll see 2 options; English Only & English with Turkish translation.



Patterns And Keystones

The 3 Enemies Within

[SEE DETAILS](#)

[SEE DETAILS](#)

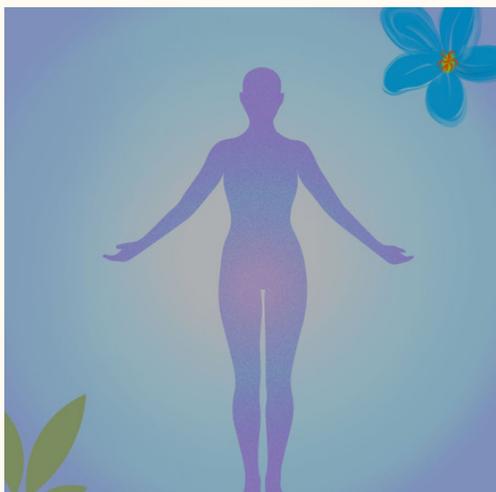
[SEE ALL \\$! COURSES](#)

THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

Don't forget to check it out!



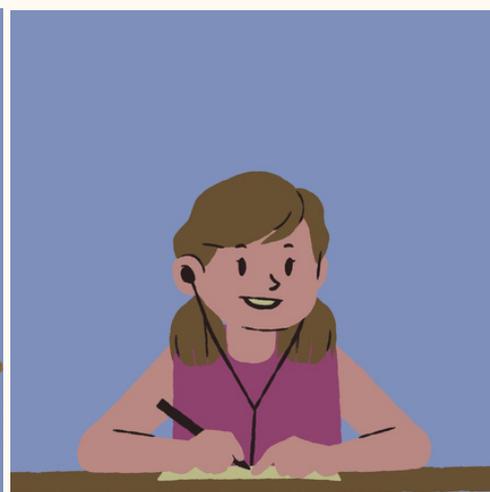
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)