

# CDHR

## Monthly Newsletter



### OPENING LETTER

*Dear "Charioteer",  
Do you feel the road beneath you shifting?  
Perhaps you have wrestled with forces within, one  
voice urging you to dare, another to retreat; the yes  
and no that pull you in opposite directions. Perhaps  
you've stood still and felt the world move anyway.*

*The Chariot is that still center within motion, the  
**calm eye in the storm of becoming**. It asks not that  
you conquer your impulses, but that you align them.  
To take the reins not in fear, but in faith that every  
force within you has its place.*

*Where The Lovers taught you to open your heart, The  
Chariot teaches you to move with it. Forward, into  
the unknown, crowned by the stars that remind you  
that mastery is not control but coherence.*

*Let's ride.*

*Only love,*

“ Self-mastery is the highest victory.  
- Siddhartha Gautama (Buddha)

”

## ARCHETYPE OF THE MONTH

## THE CHARIOT

With the Chariot the lover becomes the warrior, the question becomes the quest, and the soul, having recognized itself in another, must now carry that recognition through the world's resistance.

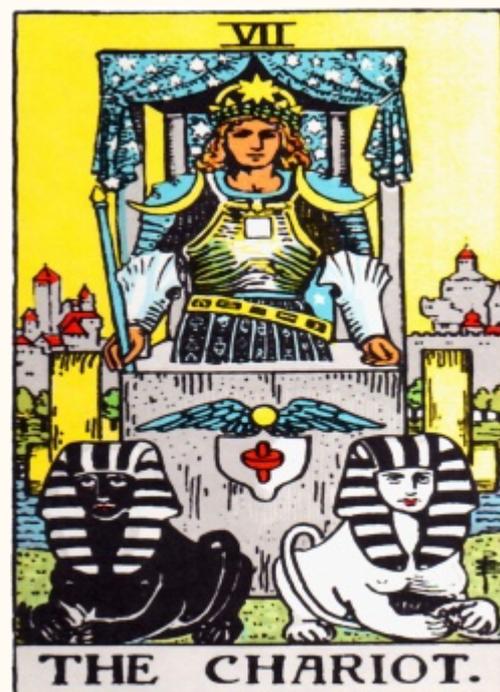
In Kabbalistic wisdom, the Chariot is Cheth (n), the fence, the enclosure, the sacred container that holds what might otherwise disperse. This is the path from Binah to Geburah, from understanding to strength, from the supernal mother to the severity that shapes. Cheth means "life" in its root.

The charioteer stands still while everything beneath him moves.

This is the secret: he does not drive the sphinxes, one black, one white, pulling in opposition. He aligns them through the sovereignty of his presence. The sphinxes are question and answer, impulse and restraint, the yes and no that would tear apart anyone who tried to steer by choosing sides.

The crown upon his head mirrors the canopy of stars because he has become a mobile throne, sovereignty in motion, the kingdom carried forward.

The Chariot answers the Lovers' question; what now? with the only response worthy of union: forward, forward, into the world that does not yet know what we have become.



### ? ! **MORE ABOUT THE CHARIOT**

If you want to dive deep to The Chariot, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on The Chariot by just clicking the button on the right.

[\*\*THE CHARIOT  
COURSE\*\*](#)

“ Stillness is not the absence of motion but the mastery within it. ”

## SONG OF THE MONTH

# DAYS LIKE THIS

by Van Morrison

This beautiful song portrays the victorious calm after turbulence just like the Chariot's mature state.

Those "days like this" are when the black and white horses run in harmony; when tension resolves into effortless movement.

This song sings a mastery so complete that effort disappears.

Here are some of the beautiful lyrics from the song:

*When you don't need an answer  
There'll be days like this  
When you don't meet a chancer  
There'll be days like this  
When all the parts of the puzzle  
Start to look like they fit  
Then I must remember  
There'll be days like this*

VAN MORRISON | DAYS LIKE THIS



“ Plato likened the soul to a chariot drawn by one noble horse and one ignoble  
- Phaedrus ”

## STORY OF THE MONTH

# PLATO'S PHAEDRUS

(PHILOSOPHICAL STORY RE-TOLD )

In Phaedrus by Plato, Socrates asks you to imagine this:

A charioteer is driving a chariot pulled by two winged horses. One horse is beautiful, noble, and obedient, it listens and follows commands. The other is wild, stubborn, and driven by urges, it refuses to obey and keeps pulling in the wrong direction.

As the charioteer tries to guide them upward toward the heavens (where truth and beauty exist), the good horse helps lift the chariot, but the bad horse drags it downward. The ride becomes unstable, exhausting and a struggle.

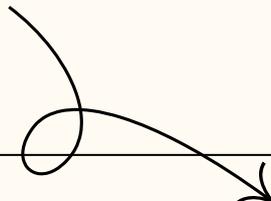
Sometimes the charioteer manages to control both and rise higher, catching a glimpse of truth. Other times, the bad horse overpowers him, and the chariot falls back down.

## PONDER ON THIS

- What are the symbolizations in this story?
- How is this story related to the Chariot archetype?



If you are experiencing chaos in your life, you may want to check the "Chaos & Harmony" course by clicking the button on the right.



[CHAOS & HARMONY](#)

We'd like to hear your perceptions! You can send them us via e-mail:  
[cdhr@thegrandedaringadventure.org](mailto:cdhr@thegrandedaringadventure.org)

“ One must still have chaos in oneself to be able to give birth to a dancing star.  
- Friedrich Nietzsche ”

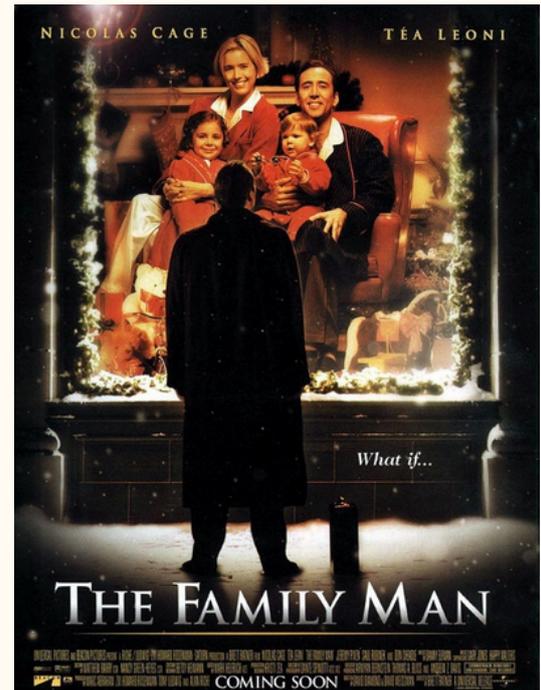
## THE MOVIE OF THE MONTH

# THE FAMILY MAN

In the movie Jack Campbell begins as a master of external motion, power, career, wealth but lacking internal direction. The mysterious “angel” throws him into a different life to teach him: love gives the chariot its aim.

In the movie we watch Jack learning to steer by something greater than desire: love.

Here’s a dialogue from the movie:



Jack: “Do you have any idea what my life is like?”

Kate: “Excuse me?”

Jack: “I wake up in the morning covered in dog saliva. I drop the kids off, spend 8 hours selling tires retail. Retail, Kate. I pick the kids up, walk the dog, which by the way, carries the added bonus of carting away her monstrous crap. I play with the kids, take out the garbage, get 6 hours of sleep if I’m lucky and then everything starts all over again. So-so what’s in it for me? Wh-where are my-my Mary Janes?”

Kate: “You know, it’s sad to hear that your life is such a disappointment to you.”

Jack: I can’t believe it isn’t a disappointment to you! Jesus, Kate. I could’ve been a thousand times the man I became. I could have been one of the richest - Forbes - How could you do this to me? How could you let me give up on my dreams like this? Really, I want to know.”

Kate: Who are you?

Jack: “All right, look. I’m sorry. I’m sorry I was such a saint before, and I’m such a prick now! But maybe, I’m just not the same guy that I was when we got married.”

Kate: You know what? Maybe you’re not. Because the Jack Campbell I married would not need a \$2,400 suit to feel better about his life. But I’m telling you, if that’s what it’s gonna take, then buy it. Jesus! We’ll take the money out of the kids’ college fund.”

Jack: “Forget it. We’ll get a funnel cake. It’ll be the highlight of my week.”

“ Love gives naught but itself and takes naught but from itself...  
And think not you can direct the course of love, for love... directs your course.  
- Kahlil Gibran, The Prophet ”

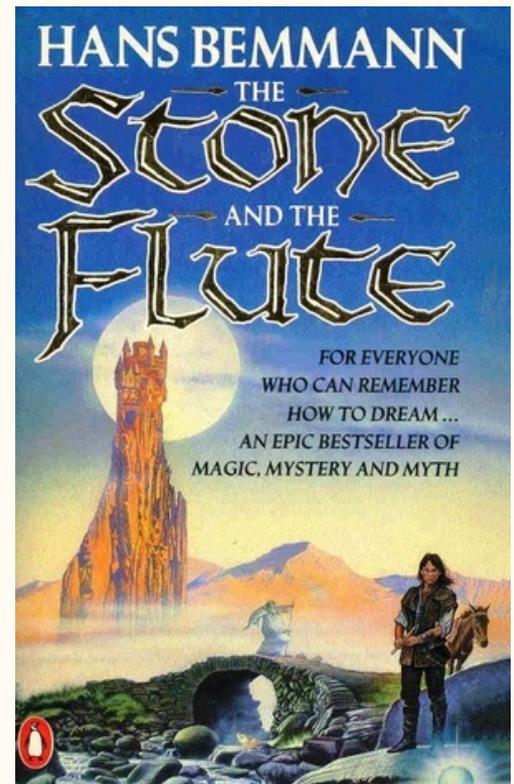
## BOOK OF THE MONTH

# STONE AND FLUTE

by Hans Bemann

Hans Bemann's *Stone and Flute* is a parable of awakening through naivety and returning to center after being lost in the complexity of the world. The protagonist, Listener, like the charioteer, learns that power without understanding tears the self apart, but mastery through awareness carries the person forward.

You can frame *Stone and Flute* as the journey between stillness and movement – the still center of the charioteer, and the restless world beneath his wheels.



When Listener learns the language of the stone and the flute, he embodies the charioteer's paradox: motion held by stillness, mastery born of surrender.

No one is without a chariot, some drive their own chaos, others are driven by it.

*Here's a quote from the book:*

*But he also wondered where one might end up if one began to doubt the reliability of one's own mind. What should one orient oneself by if nowhere a tangible marker divided the horizon into measurable sections? It would be like riding without path or destination across the boundless steppe, and even there, there was still the ever, circling pattern of the stars, guiding the knowledgeable if he was willing to trust in the laws of their motion. But what if those points of light were to leave their ordered paths? Who is to say that they had not already done so long ago, without anyone being able to notice?*

“ Let a man lift himself by himself... for the self alone is the friend of the self, and the self alone is the enemy of the self.

- Bhagavad Gita

”

## HEALING

# THE WAR WITHIN

Most suffering is not the result of external defeat. It is the exhaustion of fighting yourself.

Part of you wants to move forward. Part of you wants to stay safe. Part of you craves discipline; part of you rebels against it. Part of you knows what you need to do; part of you refuses to do it.

We experience this as procrastination, self-sabotage, paralysis, addiction, or the strange inability to do the very things we claim to want. We call ourselves lazy, broken, weak-willed. We treat one part of ourselves as the enemy to be conquered.

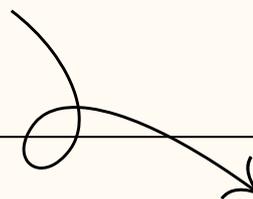
You cannot win a war against yourself. There is no victory in which part of you is defeated. The charioteer does not destroy the sphinxes. He does not beat one into submission so the other can run free.

What is called "willpower" generally is one part of the self attempting to dominate another. This is why it fails. True will is not about domination. It is about alignment.

Look at The Chariot card. The charioteer is not straining. He is not leaning forward in desperate effort. He stands still, centered, while the forces around him move. True direction comes from stillness, not from struggle.



If you are done with the war with yourself and you actually want to start changing things, click the button on the right to check out courses.



[COURSES](#)

“ What is great in man is that he is a bridge and not an end.  
- Friedrich Nietzsche

”



## CLOSING LETTER

*Dear "Charioteer",*

*The Chariot archetype does not promise comfort, it promises direction. To hold your course when opposites tear at you, to remember that grace is a balance between surrender and will.*

*In the Now time you might feel like everything is crazy, you might be experiencing chaos inside and outside.*

*Do you have shoulders broad enough?*

*You were never meant to escape the world's chaos but to become the eye of the storm...*

*Be still.*

*Only love,*

*If you want to share your perceptions or you have questions you can send us an email, see the address below:*

[cdhr@thegrandedaringadventure.org](mailto:cdhr@thegrandedaringadventure.org)



# UPCOMING EVENTS



## *Upgrade Your Mindset...* **in the Eye of the Storm**

The Winds of Change are blowing through a World on Fire. Are you equipped to navigate through the chaos? How can you be better prepared and empowered? Indeed at the present, it is not too late to respond...!

Join us online for 3 sessions in April  
to discover solutions beyond expectations  
for your Life of Now!

**Dates:** Thurs 9<sup>th</sup> Mon 13<sup>th</sup> Thurs 16<sup>th</sup>  
7pm-10pm RSA / 8pm-11pm TR

**Free Session:** Sunday 5<sup>th</sup> 7pm-8pm RSA / 8pm-9pm TR

Discounts available upon request including Early Bird.

**To enrol** please contact us at: [cdhr@thegrandedaringadventure.org](mailto:cdhr@thegrandedaringadventure.org)

# UPCOMING EVENTS



## ESOTERIC HEALING -1

Are you ready to start discovering the power at the tips of your fingers?

**Date:** 11 April

**Place:** İzmir

Discounts available upon request including Early Bird.

**For details / To enrol** please contact us at:  
+90 505 778 35 13



## SET YOURSELF FREE

Would you like to drop the burdens, that what belong to you and what not, that you've been carrying your whole life and heal yourself?

**Date:** 11 April

**Place:** İzmir

Discounts available upon request including Early Bird.

**For details / To enrol** please contact us at:  
+90 505 778 35 13

# WHAT'S NEW ON THE STORE?

**P.S.** Please check the online store for language options, for some courses you'll see 2 options; English Only & English with Turkish translation.



## The Chariot

Explore The Chariot archetype, symbology, how it plays out in various aspects of your life.

[SEE DETAILS](#)

HAVE YOU CHECKED  
THE LIFE, UNIVERSE  
AND EVERYTHING  
SERIES?



Life, Universe and  
Everything

Patterns

Can you dare to boldly go somewhere where no one has ever gone before?

[SEE DETAILS](#)

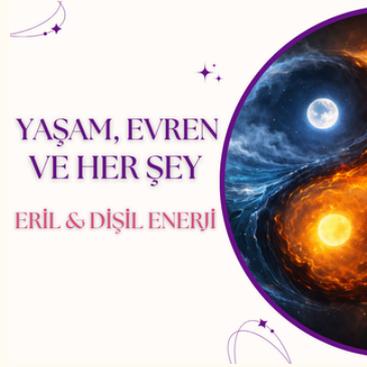


Life, Universe and  
Everything

Magic

How many wishes do I have?

[SEE DETAILS](#)



Life, Universe and  
Everything

Masculine &  
Feminine Energy

We all have these two energies of creation.

[SEE DETAILS](#)



Life, Universe and  
Everything

Destiny & Choice

What is your destiny? Are you living your destiny?

[SEE DETAILS](#)

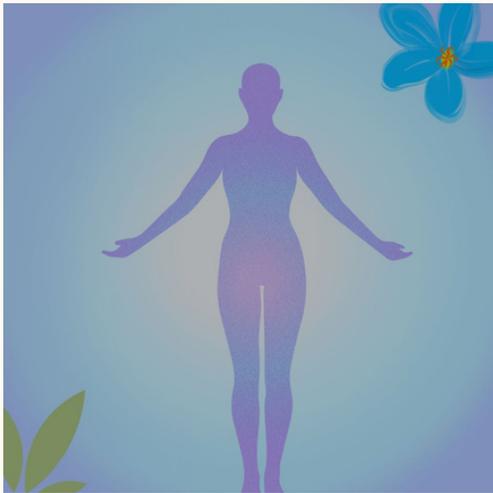
[SEE ALL COURSES](#)

# THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

**Don't forget to check it out!**



## Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



## Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



## Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



## Monthly Newsletters

From what to read to what to watch to whatever inspires us!



## Community Sharings

Our community shares amazingly wonderful things. You can find them here!



## Blog

Who can guess what's coming next?

[VISIT NOW](#)