

CDHR

Monthly Newsletter



OPENING LETTER

*Dear "Powerful" one,
Hopefully you have journeyed far enough to know that domination brings only exhaustion. Right now in our world we see lots of domination, suppression, rage, power games.*

Where does the real power come from? What makes a person powerful? How does a person maintain power? What do you become when you're powerful?

You have been holding things that weren't yours to hold for longer than you know.

The lion does not need to be defeated. The lion needs to be met.

The next gate does not open to suppression but to gentleness.

Look into your heart.

Only love,

“ It's not the strength of the body that counts,
but the strength of the spirit.

- J.R.R. Tolkien

”

ARCHETYPE OF THE MONTH

STRENGTH

After the triumph of the Chariot here we are with Strength. There is a woman on this card, and she is not fighting. This is not the strength you were taught to admire. You were taught to admire the strength that lifts, that strikes, that overcomes through force applied from outside.

Strength's path is Teth (ו), the serpent, the coiled one, the letter whose form is a snake curling upon itself in the posture of both sleep and readiness. The path of Strength runs between the two great opposing forces of the Tree; Mercy and Severity, but she doesn't choose one over the other.



The lion here is not your enemy. He never was. He is the animal intelligence, the hunger and rage and grief and lust and terror that run through you like weather systems, vast and indifferent to your plans. The woman does not muzzle the lion. She does not chain him. She looks at him. Fully. She sees the teeth, the size of him, the heat of his breath, and she does not look away, and in her not looking away something shifts.

This is what the lion recognizes. Not dominance but presence. And presence, the full, unhurried, unarmored presence of a self that has met its own darkness without running from it, is the most powerful thing in any room it enters.

! MORE ABOUT STRENGTH

If you want to dive deep to Strength, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on Strength by just clicking the button on the right.

[STRENGTH COURSE](#)

“

The lion's share of courage lies in tenderness.

- Clarissa Pinkola Estés, *Women Who Run With the Wolves*

”

SONG OF THE MONTH

NOTHING COMPARES 2 U

by Sinéad O'Connor

This song is on its surface, a love song addressed to someone who has left or who was never fully present.

It is, beneath that surface, a song about the kind of strength that doesn't announce itself as strength at all, that sounds, in fact, like vulnerability, like the admission that you have been measured by someone against their idea of what you should be and found, by them, wanting, and that you have chosen, against every self-protective instinct, to remain open to this, to feel it fully, to not become stone.



Here are some of the beautiful lyrics from the song:

I went to the doctor, guess what he told me, guess what he told me
He said, "Girl, you better try to have fun, no matter what you do"
But he's a fool

“ Nothing is so strong as gentleness, nothing so gentle as real strength.
- Saint Francis de Sales

”

MYTH OF THE MONTH

THE MYTH OF DURGA

(HINDU MYTH RE-TOLD)

Mahishasura performed such severe penances that Brahma appeared and granted him a boon. He asked that no male creature could kill him. The boon was granted. He raised an army, made war on the heavens, and drove the gods from their celestial abodes. For a hundred years they fought him and could not prevail. In their fury and desperation, radiant energy poured from each god and flowed together into a single blazing mass of light.

From that light a woman took form. Each god gave her a weapon. Shiva gave his trident, Vishnu his discus, Indra his thunderbolt. The mountain Himalaya gave her a lion to ride. She received everything and rode out. She destroyed Mahishasura's generals one by one. Mahishasura came against her himself, shifting forms continuously, buffalo to lion to man to elephant. The goddess matched him at every turn. When he appeared in his buffalo form she leapt upon him, pressed him down with her foot, and as he emerged from the buffalo's mouth in his true form she severed his head with her sword.

The gods rained flowers from heaven and praised her. She agreed to return whenever she was needed. Then she disappeared.

PONDER ON THIS

- What are the symbolizations in this story?
- How is this story related to the Strength archetype?



Goddess is indeed returning, click the button on the right to check "Chaos - Return of the Goddess" on this month's The Great Work series.



**CHAOS - RETURN OF THE
GODDESS**

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

“ What lies behind us and what lies before us are tiny matters compared to what lies within us.

- Ralph Waldo Emerson

”

THE MOVIE OF THE MONTH

TAKEN

Steven Spielberg's *Taken* (2002) is a ten-part miniseries that might look like a multigenerational alien abduction saga on the surface.

The alien project in *Taken* is explicitly a breeding program toward a particular human quality. The aliens, vast and ancient and watching, are engineering toward something they have lost: the ability to feel.

What they are engineering toward is a child who can do what the woman on the Strength card does.



The hybrid child Allie, the culmination of the project, is pure Strength energy. She has abilities that could level cities. And she has made a choice, repeatedly, consciously to hold those abilities the way the woman holds the lion.

She is eight years old and she has more genuine strength than every military and government apparatus arrayed against her because they all, every one of them, are still trying to control what they cannot hold. Here's some lines from the movie:

Allison Clarke: "My mom told me once that when you're afraid of something, what you want more than anything else is to make it go away. You want your life back to the way it was before you found out that there was something to be afraid of. You want to build a high wall and live your old life behind it. But nothing ever stays the same. That's not your old life at all. That's your new life with a wall around it. Your choice is not about going back to the way things were. Your choice is about hiding, or about going right to the heart of the thing that scares you."

Allison Clarke: "What makes a man who he is? Is it the worst things he's ever done, or the best things he wants to be? When you find yourself in the middle of your life and you're nowhere near of where you were going, how do you find the way from the person you've become to the one you know you could have been?"

“ Tenderness and kindness are not signs of weakness and despair, but manifestations of strength and resolution.

- Kahlil Gibran

”

BOOK OF THE MONTH

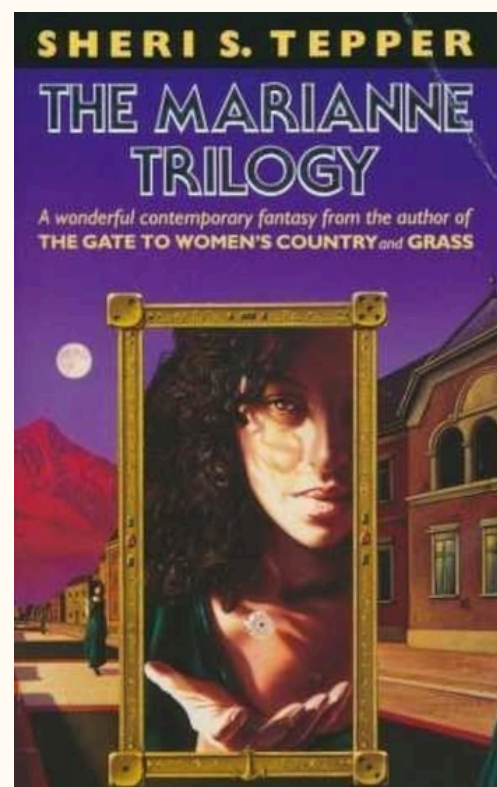
Marianne Trilogy

by Sheri S. Tepper

The Marianne Trilogy consists of *Marianne, the Magus, and the Manticore* (1985), *Marianne, the Madame, and the Momentary Gods* (1988), and *Marianne, the Matchbox, and the Malachite Mouse* (1989).

Marianne begins as someone who does not know what she is. This is precisely where the Strength card begins too.

The woman on the card is not powerful because she was born that way. She is powerful because she kept showing up to the thing she could not yet fully face, and she kept showing up, and she kept showing up, until the keeping-showing-up became indistinguishable from who she was.



Tepper was doing something philosophically radical in these books, particularly for fantasy literature of the late 1980s, a form still largely organized around external quests with internal growth as a pleasant side effect. She was suggesting that the interior journey was the primary journey, and that the external world was the shadow, was the projection, was the landscape generated by what the protagonist had not yet integrated.

Marianne, by the third book, does not dominate her world. She inhabits it, fully, presently, without the dissociation that marked her early chapters. She has become, in the precise language of the card, the woman who is not afraid. Not because the fears were small. Because she went into the mouth of them and came back. And what came back was larger.

“

I am not afraid of storms, for I am learning how to sail my ship.

- Louisa May Alcott

”

HEALING THE CAGE

You have been trying, for a long time, to be strong in ways that required you to manage the lion rather than meet him.

You have been building your steadiness on the effort of containment which means you have been building your life on tension, on the constant expenditure of energy required to keep the door closed, to keep the lid on, to maintain the presentation of someone who has it together rather than someone who is in genuine relationship with everything they are.



You showed the hunger, and someone made you ashamed of it. You showed the rage, and someone punished you for its size. And you learned, as children learn, with the totality of someone who has no other option, that the interior animal was the problem, and the solution was better management, better containment, a more impressive cage.

The cage worked. It kept you safe enough in an environment where your fullness was not welcome. The cage was intelligence, was adaptation, was the child doing the best possible thing with the available options.

But you are not that child anymore, and the cage is no longer serving you, and the lion has been in there for a long time now, and what has been exiled does not disappear but grows strange in the dark, and strange things in the dark are what nightmares are made of, and you have been living with the nightmares long enough.



If you are ready to start facing the parts of you that you've been pushing away in the hopes of them going away, click the button on the right to check out courses.

[COURSES](#)

“ You have power over your mind, not outside events.
Realize this, and you will find strength.

- Marcus Aurelius

”



CLOSING LETTER

*Dear "Powerful" one,
You know that the lion is not the enemy and never was. You know that the grip costs more than the wound it protects against.*

You know that the thing you have been afraid of integrating was always the thing you needed most, that the power was always yours.

You will be tested again. This is not a threat. It is a simple description of how this works: the archetype keeps returning with finer and more precise invitations, each one at the edge of what you currently think you can hold, each one offering the same choice between the grip and the open hand, between the armor and the flower garland.

Only love,

If you want to share your perceptions or you have questions you can send us an email, see the address below:

cdhr@thegrandedaringadventure.org



UPCOMING EVENTS



The Great Work Series

Next course starting 8 May

You may see the details on the next page

What is the Great Work ?

- The Great Work is a compilation of some of the best courses offered so far!
- Each time it's a different course.
- Every week we release a new audio session.
- And you go through the sessions on your own time!

Other Benefits of the Great Work

- Besides getting a great course, the month you do the Great Work you get 30% discount on all courses on the Online Store (except the 1 on 1 Foundational Courses) until the end of the month.
- You get 30% discount on whatever online live course you do in that month!

THE GREAT WORK

STARTING SOON:



CHAOS – RETURN OF THE GODDESS

although she never left...

Start Date: 8 May

How Does it Work?

- This course has 4 sessions. Starting from 8 May every Thursday we'll release a new audio session on our website for the ones who join the course.
- You can join anytime before May ends. No matter when in May you join, your benefits will continue until 31 May.
- If you join the Great Work, for May you'll have 30% discount on live courses - if any & 30% discount on Online Store for all courses except 1 on 1 Foundational Courses. (The earlier in May you join, the longer you can benefit from the discount.)
- You can go through the sessions on your own time.
- You may click the button to enrol or see the details.

[SEE THE DETAILS](#)

If you have any questions you may send an e-mail to us at:
cdhr@thegrandedaringadventure.org



If you want to prepare yourself to maintain an elegant, graceful resonance for the looming chaos and economic turmoil that appears to be heading our way contact us for more details about our online world program at:

cdhr@thegrandedaringadventure.org

WHAT'S NEW ON THE STORE?

P.S. Please check the online store for language options, for some courses you'll see 2 options; English Only & English with Turkish translation.



Strength

Explore the Strength archetype, symbology, how it plays out in various aspects of your life.

[SEE DETAILS](#)

HAVE YOU CHECKED
THE LIFE, UNIVERSE
AND EVERYTHING
SERIES?



Life, Universe and
Everything

Patterns

Can you dare to boldly go somewhere where no one has ever gone before?

[SEE DETAILS](#)



Life, Universe and
Everything

Magic

How many wishes do I have?

[SEE DETAILS](#)



Life, Universe and
Everything

Masculine &
Feminine Energy

We all have these two energies of creation.

[SEE DETAILS](#)



Life, Universe and
Everything

Destiny & Choice

What is your destiny? Are you living your destiny?

[SEE DETAILS](#)

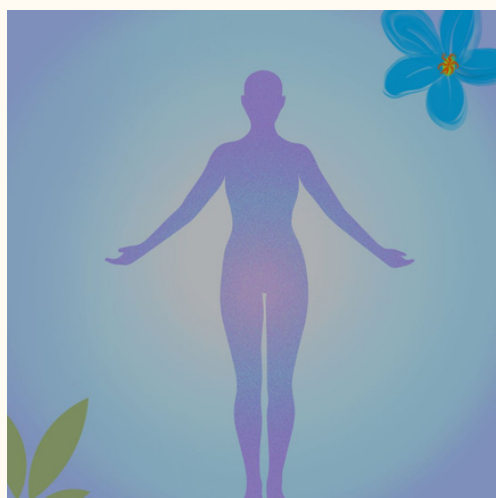
[SEE ALL COURSES](#)

THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

Don't forget to check it out!



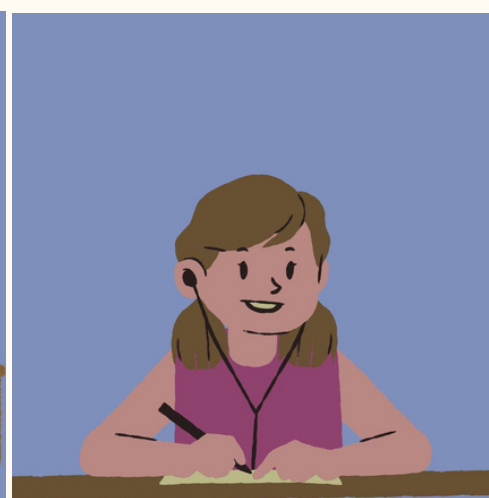
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



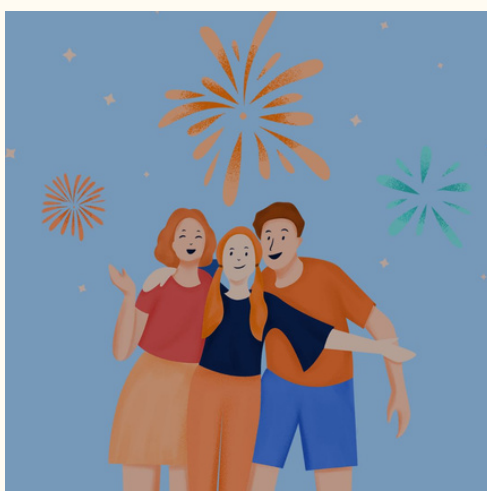
Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)