

CDHR

Monthly Newsletter



OPENING LETTER

*Dear "Empowered" one,
There is an ancient belief that before divine
revelation, a person must first be emptied.*

*The Hermit appears at the moment the individual
grows tired of surfaces. When a person suddenly
realizes they have spent years constructing a self
without ever asking who was constructing it.*

*You find The Hermit in wandering sages, in cave
mystics, in monks who vanished into mountains, in
prophets who disappeared into wilderness before
returning with fire in their hearts, minds and mouths.*

*In Kabbalah, creation itself emerges through
concealment. The Infinite withdraws so existence can
awaken within the space left behind. The Hermit
mirrors this sacred movement inward.*

*Let's discover together. Don't forget to check the
surprise at the end of the newsletter :)*

Only love,

“ Loneliness expresses the pain of being alone.
Solitude expresses the glory of being alone.
- Paul Tillich

”

ARCHETYPE OF THE MONTH

THE HERMIT

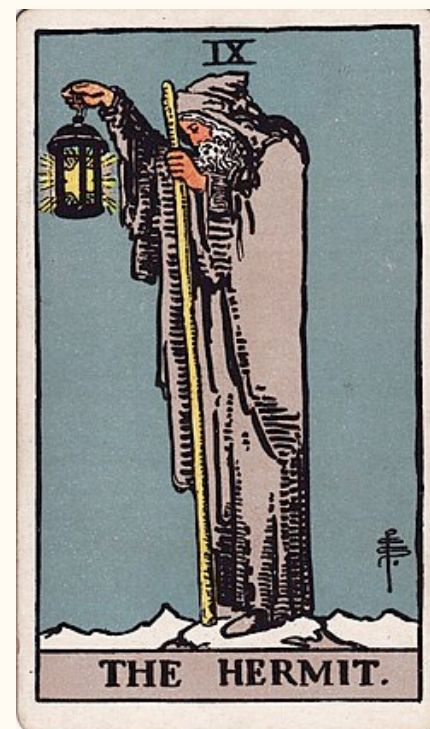
The Hermit is the archetype of withdrawal, the one who leaves the known world not to escape life or everyday world, but to encounter the mysteries beyond it. His path is not about loneliness, but about initiation through solitude.

In Kabbalah, the Hermit is Yod (י), the smallest of the Hebrew letters, yet the point from which the entire Torah unfolds. Yod is the concealed spark of Ein Sof entering limitation, the first contraction of the infinite into presence. This is the path between Chesed and Tiphereth, where boundless divine mercy descends inward and becomes the illuminated heart of wisdom.

Yod means "hand," but its deeper mystery is the primordial point, the seed.

The lantern he carries is the concealed "Hidden Light" spoken of in ancient mystical teachings, the primordial radiance veiled after creation and reserved for those who seek beyond appearances. Its glow reveals only what the individual is prepared to see, because divine wisdom descends in measures the ego can survive. Within the lantern burns the hexagram; the union of above and below, spirit descending into matter and matter ascending toward spirit.

Passing his gate is not about abandoning the world, it's about returning to it carrying the light no one else could have found for you.



MORE ABOUT THE HERMIT

If you want to dive deep to The Hermit, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on The Hermit by just clicking the button on the right.

[THE HERMIT COURSE](#)

“ People will do anything, no matter how absurd, to avoid facing their own souls.”
- Carl Jung

”

SONG OF THE MONTH

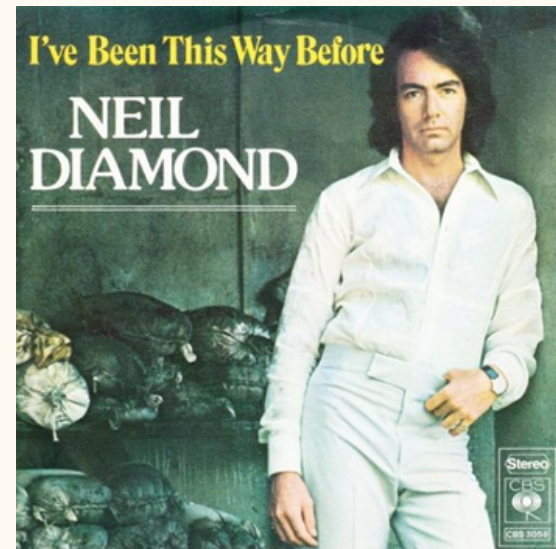
I'VE BEEN THIS WAY BEFORE

by Neil Diamond

The lyrics in this song are so simple yet archetypally they reflect the cyclic wisdom of the Hermit.

In mystical traditions, the spiritual journey is never linear. Souls revisit the same deserts repeatedly, each time with deeper sight.

The song carries the melancholy of someone standing between worlds: no longer belonging fully to ordinary life, but not yet fully dissolved into transcendence either. And yes you've been this way before. What are you going to do this time?



Here are some of the beautiful lyrics from the song:

I've seen the light
 And I've seen the flame
 And I've been this way before
 And I'm sure to be this way again
 For I've been refused
 And I've been regained
 And I've sung my song before
 And I'm sure to sing my song again

“ In order to understand the world, one has to turn away from
 it on occasion
 - Albert Camus ”

MYTH OF THE MONTH

ODIN AND THE RUNES

(HÁVAMÁL, POETIC EDDA RE-TOLD)

Odin longed for wisdom beyond that possessed by gods or men. To obtain it, he went to the great World Tree, Yggdrasil, which binds together the nine worlds.

There he sacrificed himself. Pierced by his own spear, he hung from the tree for nine days and nine nights. No one gave him food or drink. Alone, wounded, and suspended between life and death, he looked down into the depths beneath the tree.

As his ordeal reached its end, he perceived the runes, the hidden symbols that contain the secrets of wisdom, magic, speech, and destiny. With a final effort he grasped them and their meanings were revealed to him.

Having gained this knowledge, Odin fell from the tree reborn in understanding. He returned with mastery of the runes and taught their use, becoming the wisest among gods and men.

PONDER ON THIS

- What are the symbolizations in this story?
- How is this story related to the Hermit archetype?



If you believe magic is real... you may want to click the button on the right to check out our "Only Magic Is Real" course.



[ONLY MAGIC IS REAL](#)

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

“ When the soul wishes to experience something, she throws out an image in front of her and steps into it.”

- Meister Eckhart

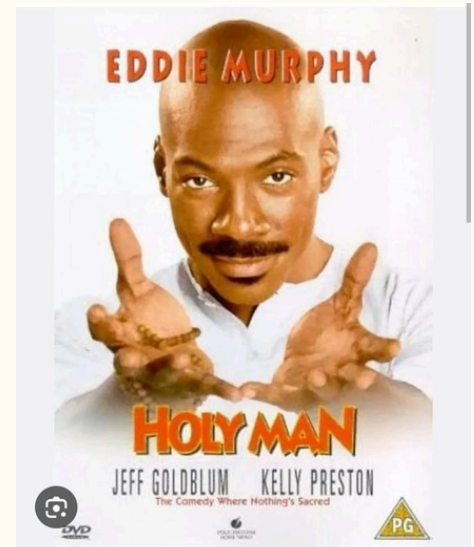
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THE MOVIE OF THE MONTH

HOLY MAN

The Hermit archetype rarely appears in modern films without being misunderstood. Usually the solitary figure is portrayed as broken, eccentric, or socially detached. But *Holy Man*, beneath the comedy, reveals the unsettling presence of a man who has stepped outside the machinery of every day life.

At one point, when asked who he is, G simply says:
"I'm nobody."



In Kabbalah, the annihilation of the false self is not destruction but revelation. The ego fears becoming nobody. But the mystics understood something paradoxical: only the empty vessel can receive divine light.

G walks through a culture obsessed with accumulation while he is carrying almost nothing. His detachment becomes a mirror exposing everyone else's spiritual starvation. The executives around him chase ratings, image, success, validation yet they are profoundly disconnected from themselves. G possesses almost nothing externally, yet radiates an interior fullness the others cannot comprehend. Here's some lines from the movie:

G: Seventy-five years. That's how much time you get if you're lucky. Seventy-five years. Seventy-five Winters. Seventy-five Spring times. Seventy-five Summers. And Seventy-five Autumns. When you look at it like that, it's not a lot of time, is it? Don't waste them. Get your head out of the rat race and forget about the superficial things that pre-occupy your existence and get back to what's important now. Right Now. This very second. And I'm not saying, drop everything and let the world come to a grinding halt. I'm saying that you could become a seeker. You could be loving more. You could be taking some chances. You could be living more. You could be spending more time with your family. You could be getting in touch with the part of you that lives instead of fears; the part of you that loves instead of hates; the part of you that recognizes the humanity in all of us. And I tell you, That's where you're fortunate.

“ Your visions will become clear only when you can look
into your own heart.
- Carl Jung

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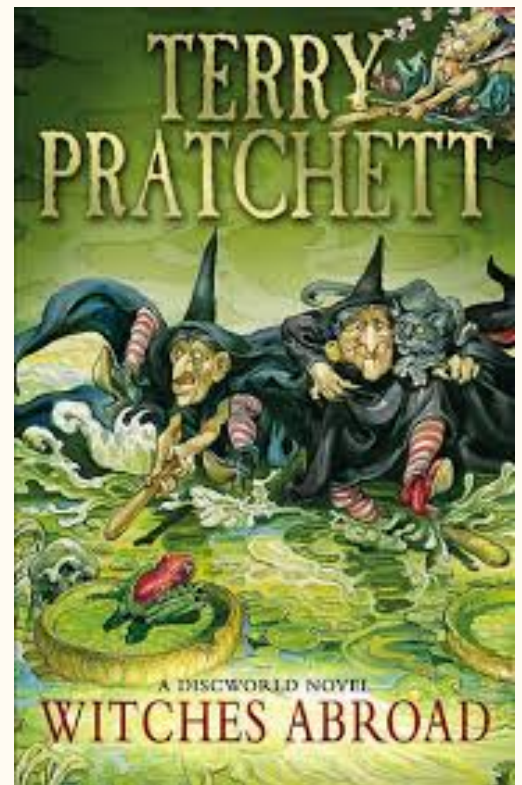
BOOK OF THE MONTH

WITCHES ABROAD

by Terry Pratchett

In *Witches Abroad*, Terry Pratchett disguises profound metaphysical truths beneath humor, folklore, and absurdity. Beneath the wit lies one of the deepest Hermit teachings: the danger of stories that possess people.

Granny Weatherwax embodies the Hermit archetype. She is isolated, feared, deeply perceptive, and profoundly unwilling to lie to herself. Unlike flashy magicians or mystical performers, Granny's power comes from radical inner clarity.



The Hermit does not retreat from humanity because he believes himself superior. He retreats because he understands how easily self-deception corrupts perception. In mystical traditions, illusion is not merely false thinking, it is spiritual sleep. Granny fears becoming unconscious more than she fears becoming unloved.

The Hermit archetype is the one who steps outside collective hypnosis long enough to see the invisible narratives controlling human behavior. Most people believe they are choosing freely, but they are often living inherited scripts like family scripts and cultural scripts.

The Hermit leaves the village because he must discover which voice is truly his own.

Here's a quote from the book:

“You can't go around building a better world for people. Only people can build a better world for people. Otherwise it's just a cage.”

“ I was ashamed of myself when I realised life was a costume party and I attended with my real face.”

- Franz Kafka

”

HEALING

THE HIDDEN LIGHT

In ancient mystical traditions, healing was never understood as merely fixing pain. Healing meant restoration to essence, returning fragmented parts of the self back into alignment with the soul's original pattern.

In Kabbalistic thought, the world became fractured through the breaking of vessels, divine light shattered into hidden sparks scattered throughout existence. The spiritual task became gathering those sparks and restoring wholeness.



The Hermit participates in this gathering inwardly. Every period of sacred solitude becomes an act of recovering lost fragments of the self buried beneath conditioning, performance, fear, and inherited identity. Moses ascends the mountain alone. Elijah enters the cave alone. Christ enters the wilderness alone. The Buddha sits beneath the tree alone.

Ancient mystics believed truth descends gradually because too much illumination at once would shatter the unprepared self. The Hermit therefore heals not through force, but through measured unveiling.

The deeper healing of the Hermit archetype is freedom from false identity. Eventually the seeker begins seeing how much of the personality was constructed for survival: masks worn for acceptance, roles inherited unconsciously, desires implanted by culture, fears mistaken for selfhood. And the Seeker stops being a Seeker and becomes a Finder.



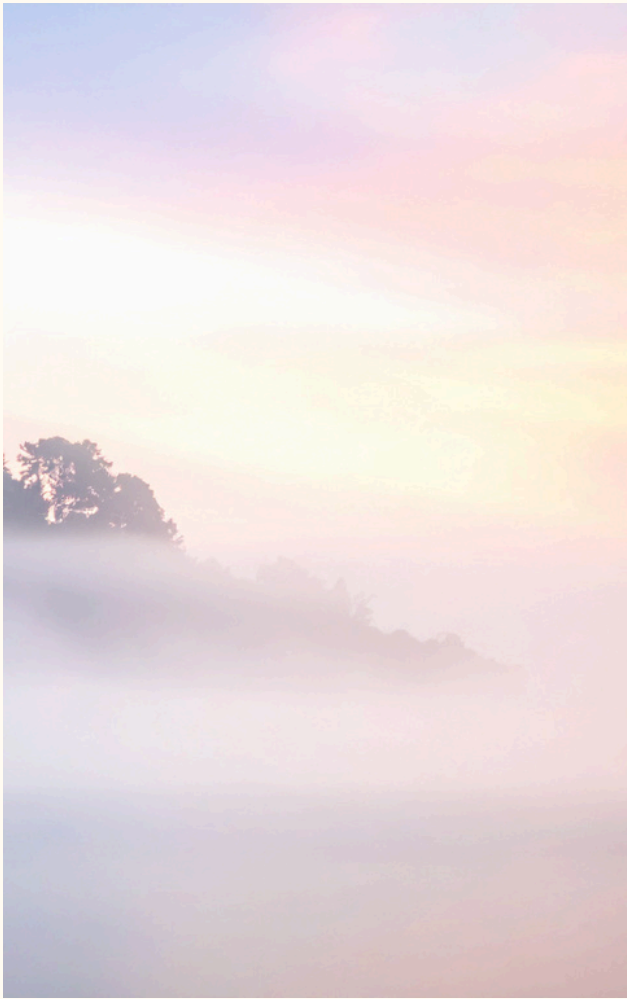
If you are ready to start healing on a deeper level, you can check our courses by clicking the button on the right.

[COURSES](#)

“ A man travels the world searching for what he needs and returns home to find it.

- George Augustus Moore

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CLOSING LETTER

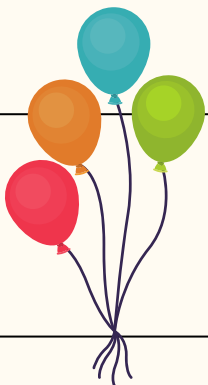
*Dear "Empowered" one,
Every person eventually encounters a season
where the old world no longer answers them.
The things that once brought meaning begin
losing their gravity.*

*Ancient wisdom understood that the deepest
truths cannot be shouted across crowds.
They must be encountered directly, inwardly, ,
in the silence where no performance survives.*

*This is why the Hermit carries a lantern
instead of a torch.*

*It reveals slowly, carefully, as consciousness
becomes capable of bearing it.*

Only love,



Don't forget to check the surprise
on the last page!

*If you want to share your perceptions or you have questions you can
send us an email, see the address below.*

cdhr@thegrandedaringadventure.org



UPCOMING EVENTS



Upgrade Your Mindset...

Dealing With Your Shadow

For more info please send us an e-mail at cdhr@thegrandedaringadventure.org

WHAT'S NEW ON THE STORE?

P.S. Please check the online store for language options, for some courses you'll see 2 options; English Only & English with Turkish translation.



HAVE YOU CHECKED
THE OTHER COURSES
ON THE STORE?

The Hermit

Explore the Hermit archetype, symbology, how it plays out in various aspects of your life.

[SEE DETAILS](#)



Courses in English

These are the courses offered in English only.

[SEE DETAILS](#)



Türkçe Tercümelikli Kurslar

Bu kurslar İngilizce-Türkçe tercümelikli olarak sunulmaktadır.

[DETAYLARI GÖR](#)

[SEE ALL COURSES](#)



If you want to prepare yourself to maintain an elegant, graceful resonance for the looming chaos and economic turmoil that appears to be heading our way contact us for more details about our online world program at:

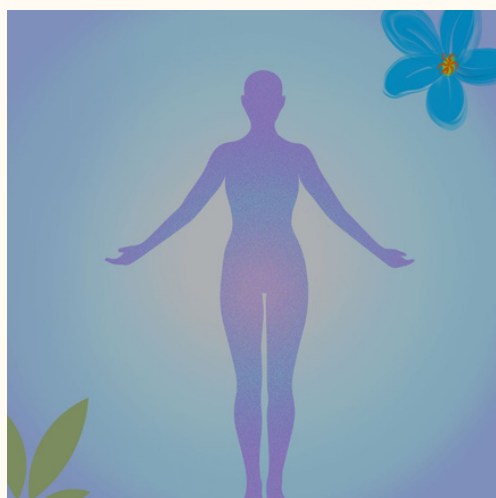
cdhr@thegrandedaringadventure.org

THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

Don't forget to check it out!



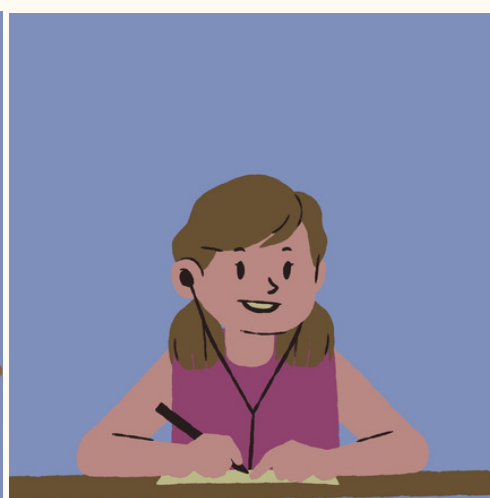
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



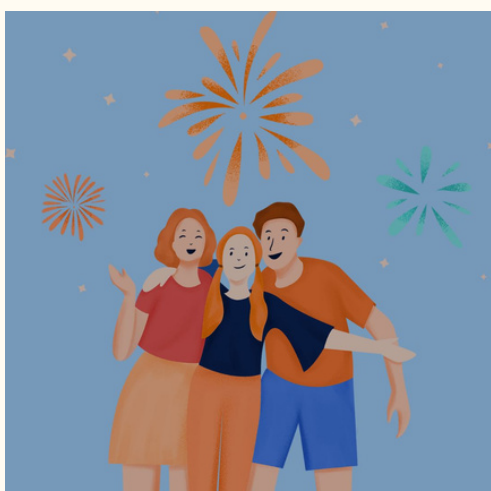
Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)

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