

CDHR

Monthly Newsletter



OPENING LETTER

Dear "Judge",
Justice, as you may have known it, has been a courtroom in your own head where you are simultaneously the wounded party, the prosecutor, and the judge.

You may think of a scale that weighs good deeds against bad, tipping the fate of humanity one way or the other.

Justice, in its truest archetypal form, is not the vengeance of the wronged, nor is it the reward of the virtuous. It is the restoration of balance through truth.

Can you surrender the desire to be the judge of yourself and of others?

Can you stop asking if life is "fair" according to your personal expectations?

Only love,

“

Cause and effect, means and ends, seed and fruit, cannot be severed; for the effect already blooms in the cause.

- Ralph Waldo Emerson

”

ARCHETYPE OF THE MONTH

JUSTICE

Justice is the archetype of cosmic equilibrium. The seeker learns here that justice is not punishment or reward, but the restoration of balance through truth, consequence, and alignment.

In Kabbalah, Justice is Lamed (ל), the ox-goad that directs movement and gives force a conscious aim. Lamed teaches that every action enters the greater pattern, where nothing is isolated and nothing remains without consequence. But once again consequence not in the sense of punishment or reward.

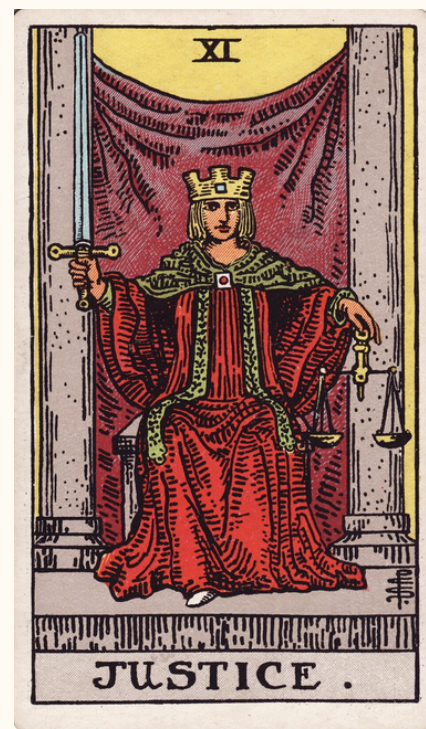
Lamed is also the only letter that ascends above the upper plane of the alphabet.

Lamed rules the path between Geburah and Tiphareth, where severity is brought into harmony with the heart of the Tree.

The sword is the clear edge of discernment, cutting through illusion, self-deception, and false equivalence. The scales are the living law of balance.

Passing this gate is not about becoming the judge of self or of others. The one who crosses here no longer asks whether life is fair according to personal expectation. Instead, they learn to become an instrument of equilibrium, allowing truth to correct, consequence to teach, and action to return the world toward balance.

We have much more to talk about Justice.



MORE ABOUT JUSTICE

If you want to dive deep into Justice, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on Justice by just clicking the button on the right.

[JUSTICE SEMINAR](#)

“

Circumstances do not make the man, they reveal him.

- James Allen

”

SONG OF THE MONTH

VIVA LA VIDA by Coldplay

The path of Justice rules between Geburah (severity) and Tiphareth (the heart).

The melody and the lyrics of the song reflects this bridge. The fall of the king is not vindictive or cruel; it carries a sense of beautiful, tragic harmony. Everything always comes back to the equilibrium.

Here are some of the lyrics from the song:



I used to rule the world
Seas would rise when I gave the word
Now in the mornin', I sleep alone
Sweep the streets I used to own

One minute, I held the key
Next, the walls were closed on me
And I discovered that my castles stand
Upon pillars of salt and pillars of sand

“ To know what you know and what you do not know, that is true knowledge.
- Confucius ”

MYTH OF THE MONTH

THE WEIGHING OF THE HEART

(EGYPTIAN MYTH RE-TOLD)

After navigating the underworld, the deceased soul arrives at the Hall of Ma'at, the Hall of Two Truths. Osiris sits at the far end, flanked by Isis and Nephthys, with forty-two assessor gods standing by. The deceased steps forward to recite the Negative Confession, addressing each god by name and a series of denials proclaiming they had not lied, murdered, stolen, or committed other imbalances against the cosmic order.

Following this declaration, Anubis takes the physical heart of the deceased and places it on one pan of a golden scale. On the opposite pan, he places the Feather of Ma'at, the symbol of cosmic truth and order. Thoth stands ready to record the outcome, while beneath the scale waits Ammit, a monstrous beast combining the crocodile, lion, and hippopotamus.

The scale is watched closely. If the heart is heavy with wrongdoing and imbalance, it sinks, and Anubis feeds it to Ammit. The soul is annihilated in a second, permanent death. If the heart balances perfectly with the feather, Thoth declares the soul "true of voice." The heart is returned to the body, making it whole, and the deceased is granted passage into Aaru, the Field of Reeds, to dwell in eternal peace.

PONDER ON THIS

- What are the symbols in this story?
- How is this story related to Justice archetype?

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

“ The first principle is that you must not fool yourself-
and you are the easiest person to fool.
- Richard Feynman

”

THE MOVIE OF THE MONTH

THE SHAWSHANK
REDEMPTION

Andy Dufresne is wrongfully convicted of a double murder and sent to a brutal prison. For decades, he endures violence, corruption, and injustice at the hands of Warden Norton and the guards. If Justice were merely about reward and punishment, Andy's suffering would be an indication of a broken universe.

But the archetype of Justice is at work beneath the surface, operating on the principle of Lamed: every action enters the greater pattern, and nothing remains without consequence.



Warden Norton operates in a state of false severity which is Geburah without the harmonizing heart of Tiphareth. He uses the law as a weapon for self-enrichment and cruelty.

When Andy escapes, he does not merely flee. He sends the evidence of Norton's corruption to the press. The consequence that follows are the arrest of the guard Hadley and Norton's suicide. They are not a personal revenge enacted by Andy. It is the universe restoring balance.

Here's some lines from the movie:

Andy Dufresne: I guess it comes down to a simple choice, really. Get busy living, or get busy dying.

Red: Sometimes it makes me sad, though... Andy being gone. I have to remind myself that some birds aren't meant to be caged. Their feathers are just too bright. And when they fly away, the part of you that knows it was a sin to lock them up does rejoice. But still, the place you live in is that much more drab and empty that they're gone. I guess I just miss my friend.

“

In all things there is a law of cycles.

- Pythagoras

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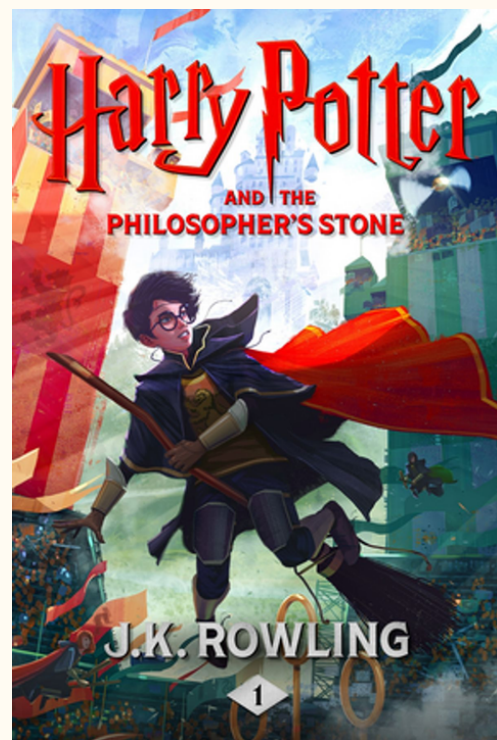
BOOK OF THE MONTH

HARRY POTTER AND THE PHILOSOPHER'S STONE

by J.K. ROWLING

This month's book comes from one of the best series: Harry Potter! The first book of the series "Philosopher's Stone" is a great resource to look at the Justice archetype.

Harry Potter lives in the cupboard under the stairs. He is neglected and treated as a servant by the Dursleys, while his cousin Dudley is spoiled to the point of toxicity.



The Dursleys have built a false reality based on suppression and denial. They have actively tried to squash the truth of who Harry is. But the archetype of Justice, the force of Lamed, cannot be stopped by mortal locks or boarding up mail slots. When the Hogwarts letters begin to arrive, we see the living law of balance at work.

Uncle Vernon takes the family to a shack on a rock in the sea, attempting to isolate himself and Harry from the truth. But Justice does not punish Vernon for his cruelty; rather, it simply restores balance by overriding his illusion of control. The arrival of Hagrid is not a punishment for the Dursleys but it is a consequence they brought upon themselves by trying to halt a cosmic current.

Here's a great line from the book:

Harry you're a great wizard, you know.

"I'm not as good as you," said Harry, very embarrassed, as she let go of him.

"Me!" said Hermione. "Books! And cleverness! There are more important things... friendship and bravery and oh Harry be careful!"

“

Equilibrium is the profoundest tendency of all human activity.

- Jean Piaget

”

HEALING WOUND OF INJUSTICE

According to Lise Bourbeau, the mask we wear to survive the wound of injustice is Rigidity. The child who feels chronically misunderstood, unfairly treated, or subjected to cold, authoritarian expectations hardens themselves to survive. They build an armor of perfectionism, logic, and control. To be rigid is to be safe: if I am flawless, I cannot be accused; if I am in control, I cannot be wronged.



As an adult, this rigid mask becomes a perversion of the Justice archetype. The individual sets up an inner courtroom, but the scales are fixed to protect their fragility. They demand perfection from themselves and others. They cannot admit a mistake.

They are trapped in the raw severity of Geburah, unable to cross the path of Lamed into the harmony of Tiphareth. They demand the world be fair according to their own strict metrics, yet their very rigidity prevents the natural flow of cosmic equilibrium. Healing the wound of injustice requires consciously dismantling the mask of rigidity

As a result they become more and more rigid and more and more serious. They lose the ability to flex like a good Japanese sword.

Good news is the child in your heart can help you become a non-serious again 😊. Did you grow up or did you grow old? The key is to have a child-like attitude. Do you know how to grow younger?

You may want to check out the seminar below.



If you want to learn how to grow younger click the button on the right to check out our 'Art of Growing Younger' seminar. Please note that this is different than Let's Grow Young Together online series.

[ART OF GROWING
YOUNGER](#)

“

He who lives in harmony with himself lives in harmony with the universe.

- Marcus Aurelius

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CLOSING LETTER

Dear "Judge",

We hope you carry with you the understanding that the sword and the scales are not weapons to be used against others, nor whips to be used upon yourself.

You have learned that to ask "Is this fair?" is to remain trapped in the illusion of personal expectation.

Are you choosing to remain a judge or are you choosing to become an instrument that allows the truth to correct what is bent, consequence to teach what is unaware, and let your every action bring to world to its equilibrium?

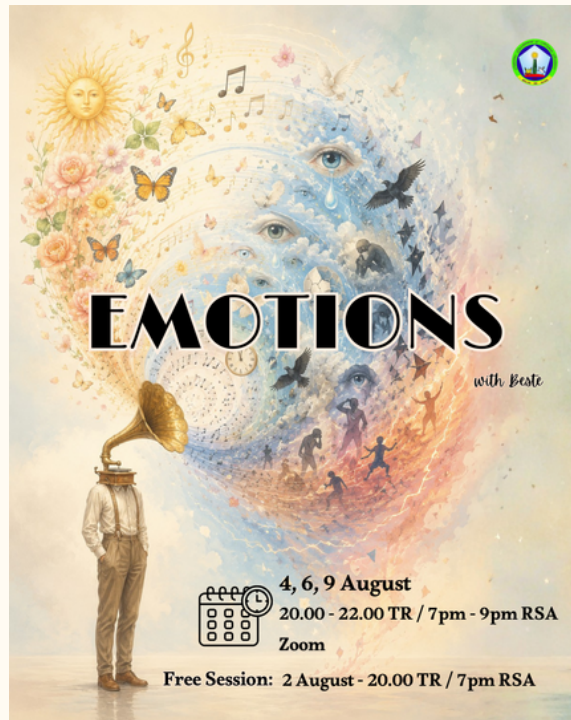
It's always your choice.

Only love,

If you want to share your perceptions or you have questions you can send us an email, see the address below.

cdhr@thegrandedaringadventure.org

UPCOMING EVENTS



Emotions

with Beste

Do you want to freely experience your emotions instead of being dragged wherever they take you?

In these 3 sessions on August, we'll explore 4 core emotions and how they affect the quality of our lives and relationships.

Emotions are part of our human experience but they are not meant to determine its quality.

Dates: 4, 6, 9 August
20.00–22.00 TR (8pm–10pm TR) / 7pm–9pm RSA
Zoom

Free Session: 2 August 20.00 TR (8pm TR) / 7pm RSA

Language: English with Turkish Translation

To enrol / For more info please send us an e-mail at:
cdhr@thegrandedaringadventure.org

WHAT'S NEW ON THE STORE?

P.S. Please check the online store for language options, for some courses you'll see 2 options; English Only & English with Turkish translation.



Justice

Explore the Justice archetype, its symbology, how it plays out in various aspects of your life.

[SEE DETAILS](#)

HAVE YOU CHECKED THE OTHER COURSES ON THE STORE?



Courses in English

These are the courses offered in English only.

[SEE DETAILS](#)

Türkçe Tercümeli Kurslar

Bu kurslar İngilizce-Türkçe tercümeli olarak sunulmaktadır.

[DETAYLARI GÖR](#)[SEE ALL COURSES](#)



If you want to prepare yourself to maintain an elegant, graceful resonance for the looming chaos and economic turmoil that appears to be heading our way contact us for more details about our online world program at:

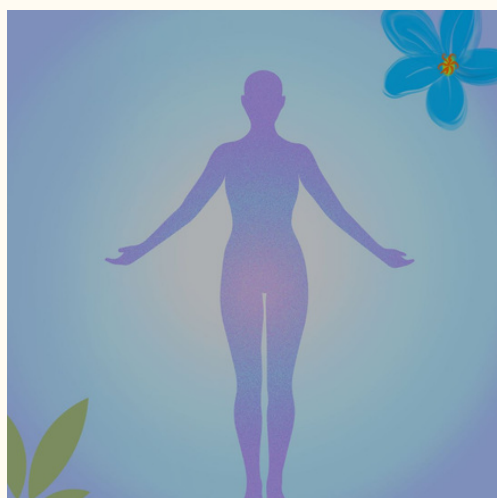
cdhr@thegrandedaringadventure.org

THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

Don't forget to check it out!



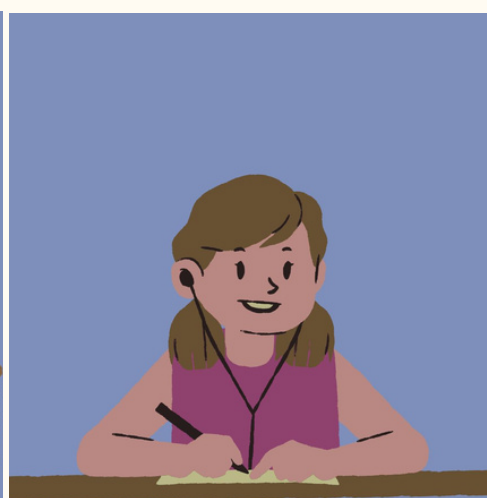
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



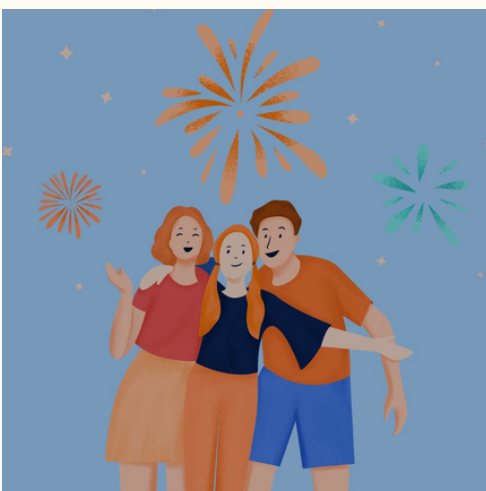
Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)