

CDHR

Monthly Newsletter



OPENING LETTER

*Dear "Alive One" or not,
Last month, life took us by the ankle and turned us
upside down. This month, it asks for something more.*

*There are thresholds in a life that cannot be crossed
while carrying everything. You arrive at the narrow
gate with your arms full, an identity, a relationship, a
story about who you were, and the gate does not
widen. Something must be set down on this side of it.*

*We fight this. We call every ending a failure, every
release a defeat. We stand at the bedside of things
that finished long ago, keeping vigil, transfusing
them daily with our own life force, because as long
as we keep the old thing breathing we do not have
to feel it die.*

This month we invite you to let the dead stay dead.

*The ending you are resisting is not the opposite of
your new life. It is the soil of it.*

Only love,

“

*In a world where death is the hunter, my friend, there is no
time for regrets or doubts. There is only time for decisions*

- Carlos Castaneda

”

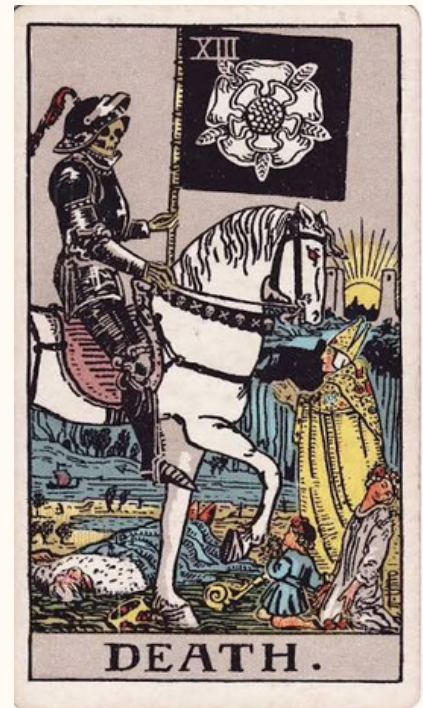
ARCHETYPE OF THE MONTH

DEATH

Death is the archetype of necessary ending. The seeker learns here that release is not failure, and that some thresholds cannot be crossed without leaving something behind.

In Kabbalah, Death is Nun (נ), the fish, the fourteenth letter, whose sign is Scorpio, the fixed water. Mem is the mother of waters; Nun is her child: the life that learned to live inside her. In Genesis, the first creature called nefesh, a living soul, is a swimmer. The first souls were fish.

The fish lives in the hidden deep, below the surface of consciousness, in the cold and dark where the eye cannot see. In Hebrew, Nun is also connected to offspring and sprouting, nin, to continue, to propagate.



What rots in the water becomes compost. What dies feeds what is not yet born. This is why Death in the Tarot is a Scorpio card: fixed water. Not the flowing stream, but the still bog, the alchemical vessel where decay turns into potency.

Nun has two faces: the bent nun (נ) and the final, straight one (ן). Some sages called them nun kefufah, the faithful bent, and nun peshutah, the faithful straight. It is the same soul in two postures; first humbled, folded over by grief and ending, and then, after the descent, made upright again. The straight Nun is the only letter that descends straight down below the line. It has touched the underworld and returned.

The one who crosses this threshold learns to let the dead stay dead, an identity, a relationship, a story about who you were so that the energy trapped in holding it together can be freed for new life.



MORE ABOUT DEATH

If you want to dive deep into Death, explore how you play it out in various aspects of your life, its symbology, power and how you can bring this powerful energy to your life you can check out our mini seminar on Death by just clicking the button on the right.

[DEATH SEMINAR](#)

“ What the caterpillar calls the end of the world, the master calls a butterfly.
- Richard Bach

”

SONG OF THE MONTH

LANDSLIDE

by Fleetwood Mac

"Landslide" is a song about standing before change and wondering whether the self we have built can survive it. Its emotional power comes from its uncertainty. The speaker is not celebrating transformation from a safe distance; she is inside the destabilizing moment, asking whether she possesses the courage to let her life change.

The image of a landslide connects beautifully with fixed water. Snow is water held in form: silent, compressed, and apparently stable. It rests upon the mountain as identities, relationships, and familiar stories rest upon the structure of our lives. Because they have been there for a long time, we begin to imagine they are permanent.

But frozen water is still subject to time. When temperature, pressure, or season changes, what seemed solid begins to move.

A landslide can feel like pure destruction. It takes away the landscape by which we knew where we were. Yet it also reveals that the landscape was never motionless. Forces had been working beneath the surface long before the visible collapse. The final movement only makes undeniable what was already happening. Here's some lyrics from the song:

Oh, mirror in the sky, what is love?
Can the child within my heart rise above?
Can I sail through the changin' ocean tides?
Can I handle the seasons of my life?



“

Nature does not know extinction; all it knows is transformation.

- Wernher von Braun

”

MYTH OF THE MONTH

IZANAGI AND IZANAMI

(JAPANESE MYTH RE-TOLD)

In the Japanese creation myth, the divine pair Izanagi and Izanami stir the primordial ocean with a jeweled spear, and from the dripping brine the first island forms. They marry and give birth to the islands of Japan and a host of gods until Izanami bears the fire god, and the birth burns her. And she descends to Yomi, the land of the dead.

Izanagi cannot accept it. Grief-struck, he goes down after her to bring her back. In the shadows she tells him she has already eaten the food of the underworld, but she will ask its gods for release on one condition: do not look at me. Wait in the dark. He cannot bear the waiting. He lights a flame from his comb and looks and sees decay itself: his beloved given over to rot and maggots, thunder gods coiled in her flesh. Not the woman he remembers, but the dark process that unmakes form. He runs.

Shamed and furious, Izanami pursues him with the hags of Yomi. As he flees, the combs he throws down sprout into grapes and bamboo even in flight from death, things keep sprouting and at the border between worlds he seals the pass with an enormous boulder.

Through the stone, they speak their last words. Izanami vows: "I will strangle a thousand of your people every day." Izanagi answers: "Then every day, I will cause fifteen hundred to be born."

So the covenant of the world is set: death takes a thousand, life brings fifteen hundred. What dies feeds what is not yet born, always slightly in life's favor.

PONDER ON THIS

- What are the symbols in this story?
- How is this story related to Death archetype?

We'd like to hear your perceptions! You can send them us via e-mail:
cdhr@thegrandedaringadventure.org

“

It is worth dying to find out what life is.

- T.S. Eliot

”

THE MOVIE OF THE MONTH

MEET JOE BLACK

In the movie, Death arrives not as a skeletal horror but as a curious visitor. He borrows the face of a young man and enters the life of wealthy businessman William Parrish, offering him additional time in exchange for the chance to experience the human world.

This arrangement immediately exposes the limits of power. William has built a corporation, a reputation, and a family, but none of these can purchase permanent exemption from mortality. His success has allowed him to negotiate almost everything except the fundamental condition of being alive.



The film also allows Death to be changed by life. Joe tastes food, experiences desire, observes family intimacy, and falls in love with William's daughter, Susan. He enters the waters of human attachment and learns that love cannot be understood from outside mortality. It's a very good movie to watch. Here's a dialogue from the movie:

Joe Black: I don't care Bill. I love her.

William Parrish: How perfect for you – to take whatever you want because it pleases you. That's not love.

Joe Black: Then what is it?

William Parrish: Some aimless infatuation which, for the moment, you feel like indulging – it's missing everything that matters.

Joe Black: Which is what?

William Parrish: Trust, responsibility, taking the weight for your choices and feelings, and spending the rest of your life living up to them. And above all, not hurting the object of your love.

Joe Black: So that's what love is according to William Parrish?

William Parrish: Multiply it by infinity, and take it to the depth of forever, and you will still have barely a glimpse of what I'm talking about.

Joe Black: Those were my words.

William Parrish: They're mine now.

“

You have to die a few times before you can really live.

- Charles Bukowski

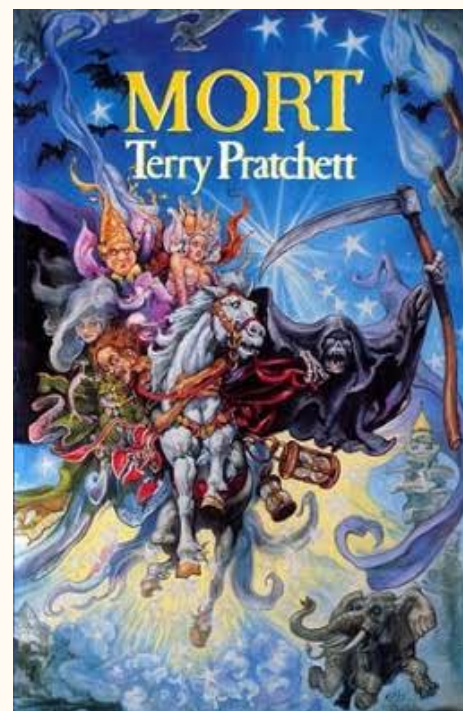
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BOOK OF THE MONTH

Mort by Terry Pratchett

In Terry Pratchett's *Mort*, Death takes a socially awkward young man named Mort as his apprentice. Mort expects death to be a relatively simple business: arrive at the appointed moment, collect the soul, and move on. Instead, he discovers that endings are woven into the structure of reality.

Death in this book does not kill anyone. He merely arrives when the ending has already come, and severs the last thread so the soul can move on.



But Mort makes a mistake... No spoiler so go ahead and read the book if you wish :) This is a comic fantasy version of a deeply recognizable human experience. Something can be over in reality while we continue keeping it alive psychologically. A relationship has ended, but we still organize our choices around its possible return. A former identity no longer fits, but we continue performing it for others.

The refusal of an ending requires enormous maintenance. More and more energy must be devoted to preserving the contradiction.

Here's a great line from the book:

Hatred is like a long, dark shadow. Not even the person it falls upon knows where it comes from, in most cases. It is like a two-edged sword. When you cut the other person, you cut yourself. The more violently you hack at the other person, the more violently you hack at yourself. It can often be fatal. But it is not easy to dispose of. Please be careful, Mr.Okada. It is very dangerous. Once it has taken root in your heart, hatred is the most difficult thing in the world to shake off.

“ You could leave life right now. Let that determine what you do and say and think.
- Marcus Aurelius

”

HEALING DYING TO YOUR OLD SELF

There is a version of you that is already dead. You may be the only one still keeping vigil at its bedside.

An identity that once fit. A relationship that ended years ago but still runs its arguments in your head. A story about who you were, the strong one, the wounded one, the one who almost made it, that you keep animated with daily transfusions of your own energy.



This is the hidden cost of refusing the ending: nothing we refuse to release actually stays alive. It stays half-alive, and we become its life support.

Healing at this threshold is not about fixing the old self. It is about letting it die completely. Letting the dead stay dead so the energy trapped in holding the corpse together can be freed for what is not yet born.

Remember what Carlos Castaneda's teacher Don Juan said: "Death is the only wise advisor that we have. Whenever you feel, as you always do, that everything is going wrong and you're about to be annihilated, turn to your death and ask if that is so. Your death will tell you that you're wrong; that nothing really matters outside its touch. Your death will tell you, 'I haven't touched you yet.'"

Do you dare?



So do you know what you are? Click the button on the right to check out our "What Are You?" seminar.

[WHAT ARE YOU?](#)

“

Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose.

- Steve Jobs

”



CLOSING LETTER

*Dear "Upside Down",
Perhaps you will bury something. Perhaps you will finally stop rehearsing an argument with someone who is no longer in your life. Perhaps you will set down a version of yourself you had been performing so long you'd mistaken it for your face.*

And perhaps you learned the strange arithmetic of the underworld: that death takes a thousand and life returns fifteen hundred. That the ledger of endings, honestly kept, always tilts toward the unborn. That the man who touched death and washed himself in the river gave birth to the sun.

Keep your death close now, at the left shoulder, an arm's length away. Not as a fear but as an advisor. When the old pettiness comes calling, when you are tempted to pick the corpse back up and resume the vigil, glance over and ask if it matters. You already know what the answer will be.

If you are ready for more you can check out our Upcoming Events on the following pages.

Only love,

If you want to share your perceptions or you have questions you can send us an email, see the address below.

cdhr@thegrandedaringadventure.org



ESOTERIC TRAINING – 1

THE FOUNDATION TO ALL ADVANCED WORK

Awaken dormant aspects of your consciousness that are required for manifesting and experiencing a Life of Adventure, Romance, Magic, Joy, Fulfillment and Celebration.

Join us for 7 sessions (starting 19 October) filled with fun and laughter as you discover the amazing being that you truly are.

Free Session: 15 October

AWAKENING MIND SERIES

In this series we will explore the shifts in consciousness in our World and in Ourselves.

Seminars in Awakening Mind Series:

Edge of Possibilities – Crossing the Threshold – 2 November

The Art of Realness – 5 November

To Ring True... – 9 November

For Details / To Enrol contact us at:

cdhr@thegrandedarlingadventure.org



ESOTERIC TRAINING - 2

ADVANCED ESOTERIC TRAINING TO BECOME THE MAPMAKER

Participate in the Quickening (February 2027) to Never Be the Same Again.

This 5-6 day residential is not for the faint-hearted. It is only for those who dare.

THE WORLD ADVENTURE

ONLY FOR MAPMAKERS WITH UNBENDING INTENT TO MANIFEST A BETTER WORLD

Take the next step as an Advanced Metaphysician to have a profound influence on your world.

Join us for a unique journey somewhere in Asia in May 2027.

Listen your heart and if your heart demands you responding, request enrolment ASAP!

For Details / To Enrol contact us at:
cdhr@thegrandedaringadventure.org



BUILD YOUR DREAM WITH BESTE

Imagine that you have a compass in your hand and that you are following it. Do you know where the directions on the compass you are holding are pointing? If you don't, what are you following?

For years, you've heard the phrase, "Pursue your dream." If you don't know what your dream is, what are you going to pursue? And if you're not pursuing your dream, what are you pursuing?

If, when faced with the question, "What is your dream?", your answer to yourself is silence, or if you have an answer but you're not entirely sure, and perhaps you feel strange, stuck, or feel like in a void, then this seminar is for you.

"Build Your Dream" is a series. In each session, we will work on a different topic. Most of the work will be yours because only you can build your dream. You can choose to attend the sessions that interest you or all of the sessions. However, in order to go through the entire process, it is recommend to attend all of the sessions.

Is the issue that you don't have a dream, or that you've buried your dream so deeply, placing so many layers between yourself and your dream? Everyone has a dream/dreams.

For Details / To Enrol contact us at:
cdhr@thegrandedaringadventure.org

THE GREAT WORK

STARTING 15 OCTOBER

What is the Great Work?

- ✂️ The Great Work is a compilation of some of the best courses offered so far!
- ✂️ We launch different courses under “The Great Work Series”.
- ✂️ During the length of the course every week we release a new audio session.
- ✂️ And you go through the sessions on your own time! You can listen to the audios on the website or you can download them on your computer.

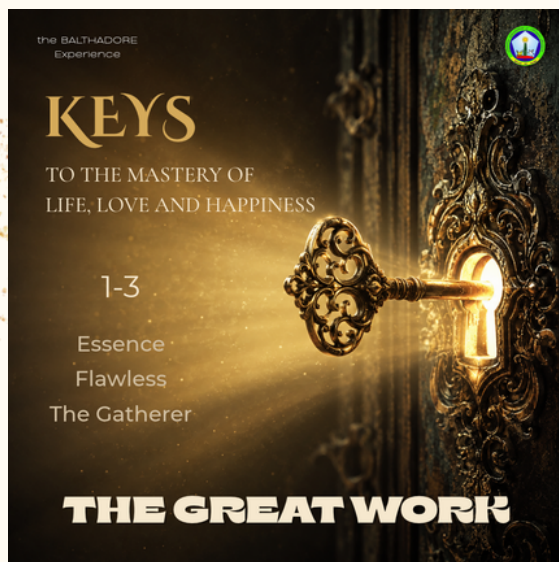
Extra Benefits In Participating The Great Work Series

- ✂️ Besides getting a great course, during the time you do a course on the Great Work you get 30% discount on all courses on the Online Store (except the Foundational Courses) until the end of the month.
- ✂️ You get 30% discount on whatever online live course you do during the time you do a course on the Great Work!

See the next page for the new course on the Great Work!

THE GREAT WORK

STARTING 15 OCTOBER



KEYS – 1-3

TO THE MASTERY OF LIFE, LOVE AND HAPPINESS

Start Date: 15 October

How Does it Work?

- 🔑 When you enrol in this course you will receive the first 3 keys. Rest of the keys will be released on the upcoming months you may enrol in them as we launch.
- 🔑 This course has 3 sessions. Starting from 15 October, for 3 weeks every Thursday we'll release a new audio session on our website for the ones who join the course.
- 🔑 You can join anytime before October ends. No matter when in October you join, your benefits will continue until 31 October.
- 🔑 If you join the Great Work, for October you'll have 30% discount on live courses – if any & 30% discount on Online Store for all courses except 1 on 1 Foundational Courses. (The closer to the start date you join, the longer you can benefit from the discounts.)
- 🔑 You can go through the sessions on your own time.
- 🔑 You may click the button to enrol or see the details.
- 🔑 This course has 2 language options: English Only and English with Turkish translation

[SEE THE DETAILS](#)

If you have any questions you may send an e-mail to us at:
cdhr@thegrandedaringadventure.org

WHAT'S NEW ON THE STORE?

P.S. Please check the online store for language options, for some courses you'll see 2 options; English Only & English with Turkish translation.



Death

Explore Death archetype, its symbology, how it plays out in various aspects of your life.

[SEE DETAILS](#)

HAVE YOU CHECKED THE OTHER COURSES ON THE STORE?



Courses in English

These are the courses offered in English only.

[SEE DETAILS](#)

Türkçe Tercümeli Kurslar

Bu kurslar İngilizce-Türkçe tercümeli olarak sunulmaktadır.

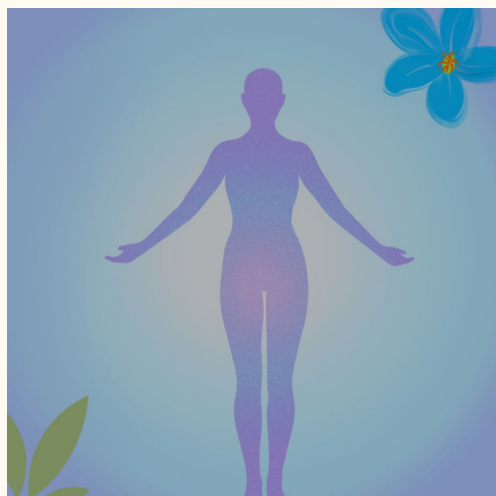
[DETAYLARI GÖR](#)[SEE ALL COURSES](#)

THE GRANDE DARING ADVENTURE

If you have enjoyed this newsletter, we share much more great stuff on our website.

Below you can see the categories you will see on the website!

Don't forget to check it out!



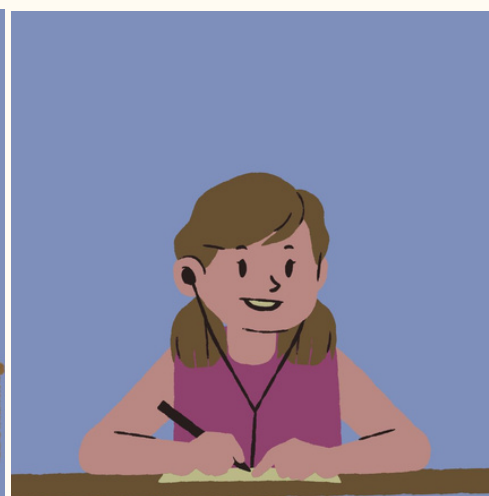
Healing

Your body constantly tells you what's happening in your life and what's a good point to look at. Can you hear it?



Stories of Wisdom

Stories tell much more than the story itself for the ones who have the eyes to see and ears to hear.



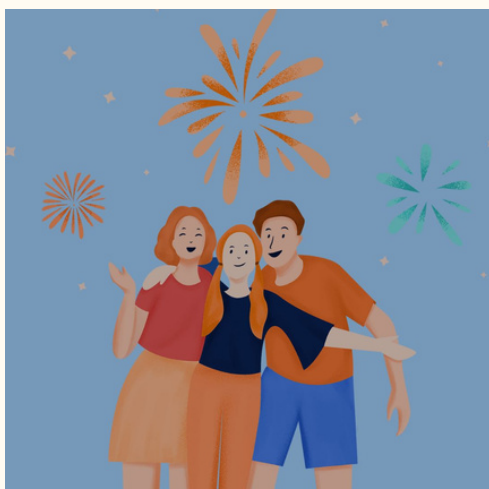
Free Audios

Here are some free audios from our great seminars! We hope to see you on the next one!



Monthly Newsletters

From what to read to what to watch to whatever inspires us!



Community Sharings

Our community shares amazingly wonderful things. You can find them here!



Blog

Who can guess what's coming next?

[VISIT NOW](#)